

ALUMNI NEWS

SUMMER SCHOOL OF ALCOHOL STUDIES

RUTGERS, THE STATE UNIVERSITY OF NEW JERSEY, NEW BRUNSWICK, NEW JERSEY

March 1983



CAS Director

Dr. Peter E. Nathan has been appointed Director of the Center of Alcohol Studies at Rutgers University. The appointment was announced jointly by Dr. Edward J. Bloustein, President of Rutgers, New Jersey's State University, and Dr. Kenneth W. Wheeler, New Brunswick campus provost.

A psychologist and widely published author of scholarly articles in the field of alcoholism and alcohol abuse, Dr. Nathan is chairman of the department of clinical psychology at the Graduate School of Applied and Professional Psychology (GSAPP), Rutgers University. He holds a bachelor's degree from Harvard College and a doctorate from Washington University. Prior to coming to Rutgers in 1969, Peter Nathan was on the faculty of the Harvard Medical School and a research psychologist and director of the Alcohol Study Unit of Boston City Hospital.

At Rutgers he has served as professor and director of clinical training in psychology at the GSAPP and as director of the Alcohol Behavior Research Laboratory. He is president-elect of the division of clinical psychology of the American Psychological Association.

1983 SSAS

The dates for the 1983 SSAS, the 41st School, are June 19 through July 8. If you would like a copy of the 1983 brochure for yourself or a colleague, please let us know.

SSAS Director

Gail Gleason Milgram, Ed.D., Professor at the Center of Alcohol Studies, Rutgers University, has been appointed the Executive Director of the Summer School of Alcohol Studies. She has been affiliated with the Center since 1971 and with the Summer School as an instructor since 1976.

Dr. Milgram received her B.S. degree from Georgian Court College, Lakewood, New Jersey and her masters and doctorate from Rutgers University. Her doctoral work focused on adolescent alcohol use and alcohol education.

Gail's publications include *Coping with Alcohol* (New York; Richards Rosen Press; 1978), "What is Alcohol and Why Do People Drink?" and the series *Alcohol Education Materials; An Annotated Bibliography*, publications of the Center of Alcohol Studies. *What, When and How to Talk to Your Children about Alcohol and Other Drugs* is in press as a Hazelden release. She is also the author of many articles on youthful drinking.

Dr. Milgram's activities also include lecturing for a variety of audiences (industrial personnel, professionals in the field, etc.) both in this country and abroad. She also teaches a graduate course entitled, "Social Implications of Alcohol Use in American Society," for the Graduate School of Education, Rutgers University.



A Message from Berna Seward

Dear Alumni:

The officers of your Alumni Association and I extend our thanks to those of you who so quickly complied to our membership contribution request. As you know, the dues are used to support the Alumni Scholarship Fund. Last year we were able to provide twelve scholarships to SSAS.

It is our hope that your Alumni Association will be able to offer as many scholarships for the 1983 School. If you haven't already done so, please send your \$5.00 membership dues to the Alumni Association, Summer School of Alcohol Studies, Center of Alcohol Studies, Rutgers University. A membership card and payment receipt will be sent to you.

Thank you for your continued and valued support. It is more critical now than ever.

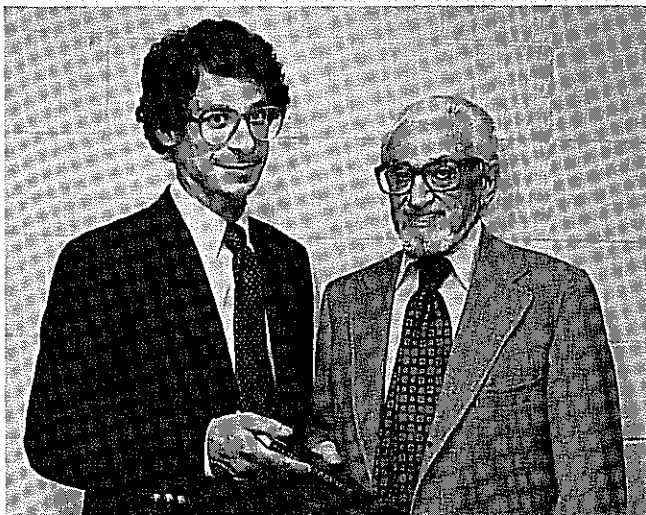
Berna Seward
President
SSAS Alumni Association

The Mark Keller Award

On 21 June 1982 the fourth annual Mark Keller Award was presented to the author of an article published in the 1981 *Journal of Studies on Alcohol*. The award is "presented to the author or authors of that scholarly report published in the *Journal of Studies on Alcohol* in the preceding calendar year that not only possesses a high degree of research competence, but also, through its communicative style and broadly relevant implications, contributes to innovative and provocative thinking, as judged by the Mark Keller Award Committee." The purpose of the award is to "honor Mark Keller's seminal contributions to the field of alcohol studies and his years of devoted service as Editor of the *Journal of Studies on Alcohol*."

The award winner is Barry S. Tuchfeld, Ph.D., Director of the Center for Organizational Research and Evaluation at Texas Christian University, Fort Worth, for his article, "Spontaneous Remission in Alcoholics; Empirical Observations and Theoretical Implications" (Vol. 42, No. 7, pp. 626-641, 1981).

The members of the award committee were Howard T. Blane (Pittsburgh, Pennsylvania), George R. Jacobson (Milwaukee, Wisconsin), Mark Lender, chairman (New Brunswick, New Jersey), Carrie L. Randall (Charleston, South Carolina) and James M. Schaefer (Minneapolis, Minnesota).



Daniel J. Anderson, Ph.D. SSAS Award Recipient

Daniel J. Anderson, Ph.D., President/Director of the Hazelden Foundation, received the 1982 SSAS Outstanding Achievement Award at the Summer School Banquet. This award was conceived to honor and acknowledge an individual who has made a significant contribution to the alcohol field.

Dan Anderson, a native of Minnesota, received his B.A. from the College of St. Thomas, St. Paul, MN; his M.A. from Loyola University, Chicago, IL; and his Ph.D. in clinical psychology from the University of Ottawa, Ontario, Canada. Dan attended the Yale Summer School of Alcohol Studies in 1954. He joined the faculty of SSAS in 1960 and had been a valued instructor since that time.

Dan worked as a clinical psychologist at Willmar State Hospital in Willmar, Minnesota, prior to joining the Hazelden Foundation in Center City, Minnesota. Dan has also been an important part of other programs: University of North Dakota International School of Alcohol Studies, University of Minnesota School of Public Health, University of Wisconsin Summer School of Alcohol Studies, and the Midwest Institute on Alcohol Problems.

Though Dan's professional and academic career has been outstanding, perhaps more important is the fact that he is one of the unique individuals who always have time to share of themselves and to aid the cause of helping others. SSAS is proud to salute Daniel J. Anderson.

Prudential Institutes

The Prudential Insurance Company of America, Inc. has sponsored alcohol education institutes since 1978. These Institutes, conducted by the Center of Alcohol Studies, are designed for specific populations.

Two Institutes were presented in 1982: one for school nurses and guidance counselors and the other for driver education/alcohol education instructors. Each institute had approximately one-hundred participants from public and private school systems throughout New Jersey. The participants have detailed their need for the information provided in these programs and the Institutes' success.



• **Reference
Works**

**Education
Programs**

THE STATE UNIVERSITY OF NEW JERSEY
RUTGERS

**Rutgers Center
of Alcohol Studies
and the
Journal of Studies
on Alcohol**

● **New Publications**

**Recovery: Stories of Alcoholism
and Survival**

Amy Stromsten, December 1982
(Alcohol Research Documentation, Inc.)
143 pp., photos
ISBN: 911290-14-1

This new release is a must for **Alcoholism Counselors, Educators, Physicians, Therapists** and others. A collection of autobiographical essays with accompanying photos, this work is unique in its humanity and courage. Intended to dispel the myth of the alcoholic as a Bowery bum, **Recovery** should assist professionals in communicating with alcoholics and their families.

List price: \$20.00 (Cloth)

Selection of Treatment for Alcoholics

E.M. Pattison, ed., 1982
(NIAAA - Rutgers CAS Alcoholism Treatment Series, No.1)
467 pp.
ISBN: 911290-47-8

In this collection of 29 important articles on the treatment of alcoholism, Dr. Pattison provides a systematic framework for treatment, a rational and sequential approach to making decisions about treatment, and principles and guidelines for the working clinician. **Psychiatrists, Psychologists, Social Workers, Physicians, Clinicians** and other treatment personnel will find Dr. Pattison's **Selection of Treatment for Alcoholics** a valuable and useful contribution.

List price: \$22.50 (Paperback)

● New Titles

Interfaces between Alcoholism and Mental Health

E.X. Freed, ed., 1982
(NIAAA - Rutgers CAS Alcoholism Treatment Series, No.4)
390 pp.
ISBN: 911290-50-8

Virtually **All Treatment Personnel** will find this volume a necessary addition to their professional library. Articles in Part I present overviews of ways in which alcoholism and mental health interrelate. Part II of the volume examines health-related models and conceptions of alcoholism. Part III presents papers on interfaces between alcoholism and psychopathology. The psychodynamic aspects of alcohol use and misuse are presented in Part IV, while a final section deals specifically with mental health approaches to alcoholism treatment.

List price: \$15.00 (Paperback)

● Important Reference Additions

International Bibliography of Studies on Alcohol: Vol 3

Mark Keller, ed., 1982
(Journal of Studies on Alcohol, Inc.)
320 pp.
ISBN: 911290-40-0

This third volume of the **International Bibliography of Studies on Alcohol (IBSA)**, covering the decade 1951-1960, was prepared under Mark Keller's direction through the efforts of S.S. Jordy, P.L. Chen, N. Weinstein, J.D. Simonds, A. Beck, and V. Efron. The current addition to Vols. 1 and 2 (which spanned the period 1901-1950) contains 10,147 reference entries and is arranged alphabetically by author. Five indexes are provided: Subject, Person, Institutions and Organizations, Geographic Names, and Co-Authors.

Public and Institutional Libraries, bibliographers, and alcohol researchers will find this an essential addition to their collections.

List price: \$100.00 (Cloth)

IBSA, Vol 1: References, 1901-1950, S.S. Jordy	\$50.00
IBSA, Vol 2: Subject and Author Indexes, 1901-1950	\$50.00

Save When Ordering the Set - Now

With the publication of IBSA 3, the Center would like to encourage institutions to ensure acquisition of the complete set. Therefore, with any order for IBSA 3, institutions may order either Vol 1 or 2 for only \$35.00 (a saving of 30 percent off the list price of \$50.00). A complete set of three may be ordered now for only \$150.00 (a saving of \$50.00 off list price!).

● New Reference Works

A Dictionary of Words about Alcohol, 2nd ed.

M. Keller, M. McCormick, and V. Efron, 1982
291 pp.
ISBN: 911290-12-5

This second edition is a revised and enlarged (over 450 new terms) **Dictionary of Words about Alcohol**. It contains authoritative but not authoritarian definitions of all important words and terms related to alcohol and alcohol problems. The origin and meaning of the words are given, as is the preferred usage.

With the increased attention and concern being addressed to alcohol-related issues in society, this is a valuable update of a reference work that should be acquired by **Public and Institutional Librarians**, and by **Scholars and Students** of the field.

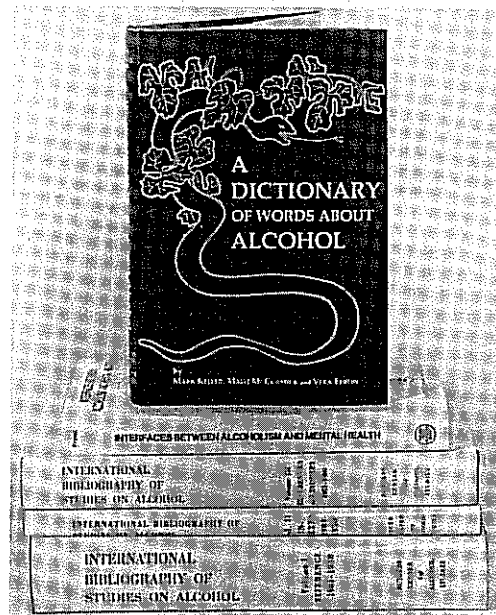
List price: \$19.50 (Cloth)

Alcohol, Science and Society Revisited

E.L. Gomberg, H.R. White, and J.A. Carpenter, eds., 1982
(University of Michigan Press and the Rutgers Center of Alcohol Studies)
440 pp.
ISBN 0-472-10024-6 (Cloth); 0-472-08028-8 (Paperback)

When first published over three decades ago, **Alcohol, Science and Society** represented the cutting edge of professional development - a profile of the lectures given at the Yale University Summer School of Alcohol Studies (now the Rutgers Summer School). The current volume originated from a rather simple question: "In the flurry of research and treatment activity of the last 35 years, just how much have we learned and how much progress have we made?" In two dozen "lectures," the current state of opinion and knowledge is assessed in clear, concise terms. **Alcohol, Science and Society Revisited** will most certainly take a place alongside the original as an important contribution to the field of alcohol studies.

List price: \$20.00 (Cloth)
\$14.95 (Paperback)



● Educational Material

Alco-Calculator

An Educational Instrument

ISBN: 911290-04-4

List price: \$3.25

The Alco-Calculator is an invaluable educational tool for all who drink, or for all who are engaged in educational programs dealing specifically, or in part, with alcohol. This slide rule contains complete instructions to (1) estimate the amount (percent) of alcohol in the blood after drinking known amounts of beverages; (2) estimate the minimum number of drinks consumed from the percent of alcohol in the blood; (3) calculate and compare the alcohol values by the number of drinks of different types of beverages; (4) estimate the percent of alcohol in blood at times (hours) before present and (5) estimate hours for present blood alcohol to fall to a desired level,

Physicians, Teachers, Lawyers, Police, Driving Instructors, and other legal, law-enforcement, and counseling personnel concerned with the effects of alcohol on behavior will find this an essential educational aid.

Group Discounts for educators, driving clubs and associations, insurance firms, and other qualified groups are now available. For more information, contact: the Director of Educational Programs, Center of Alcohol Studies, Rutgers - The State University, New Brunswick, NJ 08903; or you may request such contact on our order form with your book order.

Educational Pamphlets and Reprints

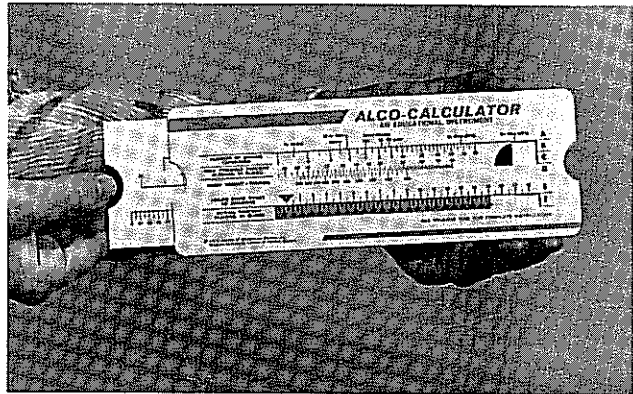
- What Is Alcohol? and Why Do People Drink? 2nd ed.
G.G. Milgram\$1.00
In bulk, 100 copies for \$50.00; 1000 copies for \$400.00
- What Shall We Teach the Young about Drinking?
Robert D. Russell\$1.00
100 copies for \$35.00; 1000 for \$300.00
- Drug Education: A Review of Goals, Approaches, and Effectiveness,
and a Paradigm for Evaluation
G.N. Braucht et al\$1.00
- The Disease Concept of Alcoholism Revisited
Mark Keller\$1.50
- A Historical Overview of Alcohol and Alcoholism
Mark Keller (from Cancer Research, Vol.39, 1979)\$1.50
- Exploring Alcohol Questions
R.G. McCarthy.
Six leaflets, illustrated, for Grade 7 and up.
Revised edition. Set\$1.50

“Temperance Tales” and the Alcoholic: Creation of a Stereotype

An Educational Slide/Sound Film on the History of Alcohol Problems

A 22-minute program which uses the history of the American Temperance Movement to explain attitudes toward the alcoholic. The presentation includes an original soundtrack, 113 slides - most of which are of 19th and early 20th century materials - and a teacher's guide.

A must for responsive school systems.\$85.00



● Journal of Studies on Alcohol

Peter E. Nathan, Ph.D., Director of the Center of Alcohol Studies, is pleased to announce that Jack H. Mendelson, M.D., and Nancy K. Mello, Ph.D., have been named joint editors and have assumed the editorial responsibility of the *Journal of Studies on Alcohol*.

Dr. Mendelson is Professor of Psychiatry, Harvard Medical School, Boston, Massachusetts and is Director of the Alcohol and Drug Abuse Research Center at McLean Hospital in Belmont, Massachusetts. Dr. Mello is Professor of Psychology, Department of Psychiatry, Harvard Medical School and is Associate Director of the Center at McLean Hospital.

● Comments

About Recovery...

You have made a wonderful contribution on understanding the disease of alcoholism. Your case histories cover a wide range of situations and will thereby reach people who might not otherwise be reached. And your sensitive photographs add a very significant dimension to the case-history approach.

George Gallup, Jr.
The Gallup Poll

I am overwhelmed -- this is a magnificent accomplishment you have brought off.

Professor Bruce Donovan
Brown University

About Alcohol, Science and Society Revisited...

Highly readable updated classic on a major public health issue which offers an A to Z perspective on this problem.

Dr. Frank Field
Health and Science Editor
WNBC T.V.

● Books-Monographs

Blumberg, L.U., Shipley, T.E., Jr. and Barsky, S.F. Liquor and Poverty; Skid Row as a Human Condition. (Rutgers Center of Alcohol Studies, Monograph No. 13) xvii + 289 pp. 1978. ISBN: 911290-46-X.

\$16.50 Now \$12.00

The contents of this book include: The origins of Skid Row: Slums, prostitution and poverty...the great antislum campaign...the Red Light District and the Skid Rows...Where will Skid Row move? Approach to prediction...the redevelopment of Skid Rows...Recommendations for prevention...For: Sociologists, anthropologists, urban-renewal planners, alcoholism treatment personnel.

Frankel, B.G. and Whitehead, P.C. Drinking and Damage; Theoretical Advances and Implications for Prevention. (Rutgers Center of Alcohol Studies, Monograph No. 14) xvii + 99 pp. 1981.

ISBN: 911290-09-5

\$12.50 Now \$8.00

Two sociologists explore the strengths and weaknesses of two models of alcohol use and alcohol-related damage--the sociocultural model and the distribution-of-consumption model. A new model, a synthesis of the two, is presented. The three models are tested by path analysis, using the data on 68 societies of the cross-cultural survey of Bacon, Barry and Child. The implications of the results for the prevention of alcohol-related problems are discussed.

For: Epidemiologists, sociologists.

Groupe, V., ed. Alcoholism Rehabilitation; Methods and Experiences of Private Rehabilitation Centers. (NIAAA-RUCAS Alcoholism Treatment Series, No. 3) xvi + 138 pp. 1978. ISBN: 911290-49-4

\$9.00 (paperback) Now \$6.00

Administrators, physicians, counselors and others associated with thirteen private treatment facilities describe the history, philosophy and treatment methods at their respective facilities.

For: Psychologists, psychiatrists, clinicians, alcoholism treatment personnel, social workers.

Heyman, M.M. Alcoholism Programs in Industry; the Patient's View. (Rutgers Center of Alcohol Studies, Monograph No. 12) xiv + 88 pp. 1978. ISBN: 911290-45-1.

\$10.50 Now \$7.50

This book examines a largely unexplored perspective on industrial alcoholism programs--the patients' views, their motives for entering treatment, their perceptions of treatment resources and of their fellow patients. It also comes to grips with a basic question in industrial-occupational programs: constructive confrontation--does it work? For: Sociologists, social workers, employee assistance program personnel, industrial health personnel.

Marlatt, G.A. and Nathan, P.E., eds. Behavioral Approaches to Alcoholism. (NIAAA-RUCAS Alcoholism Treatment Series, No. 2) viii + 222 pp. 1978. ISBN: 911290-48-6.

\$9.00 (paperback) Now \$6.00

Experts in the field of behavior therapy review all the major issues in behavioral treatment of alcoholism. Distinguished contributors critically examine the past and present research on behavioral approaches to alcoholism, providing a scholarly review in the "state of the art" in this area of research. For: Psychologists, psychiatrists, clinicians, alcoholism treatment personnel, social workers.

Leland, J. Firewater Myths; North American Indian Drinking and Alcohol Addiction. (Rutgers Center of Alcohol Studies, Monograph No. 11) iv + 158 pp. ISBN: 911290-43-5

\$12.00 Now \$6.00

This book, by a University of Nevada anthropologist, explores what is known and thought about drinking by North American Indians. Their drinking-related behaviors are compared point by point with the Jellinek symptoms. The result points to new directions in thinking about and dealing with Indian alcohol problems. For: Anthropologists, sociologists, ethnographers.

Cahalan, D. and Room, R. Problem Drinking among American Men. (Rutgers Center of Alcohol Studies, Monograph No. 7) xvi + 269 pp. 1974. ISBN: 911290-38-9

\$16.50 Now \$8.25

The authors describe the drinking habits of men, aged 21 to 59, drawn from two national surveys and from a community study in San Francisco, the problems they experience as a result of drinking and the childhood and adult characteristics of the problem drinker. This group of men does most of the heavy drinking in the United States and runs the highest risk of becoming problem drinkers. The results are important in what they reveal about contemporary society and in their practical implications for attempts to control and prevent problem drinking. For: Sociologists, anthropologists and epidemiologists.

Corrigan, E. Problem Drinkers Seeking Treatment. (Rutgers Center of Alcohol Studies, Monograph No. 8) xvi + 82 pp. 1974.

ISBN: 911290-39-7.

\$10.00 Now \$5.00

What happens when an alcoholic--or someone concerned about an alcoholic--telephones to an information bureau for help? Over 300 cases were studied by interview and follow-up of patients, friends, families, and institutional staff. With proposals for better publicizing and for improvement of alcoholism referral and treatment programs. For: Sociologists, social workers, community mental-health planners, alcoholism treatment counselors.

Fallding, H. and Miles, C. Drinking, Community and Civilization; the Account of a New Jersey Interview Study. (Rutgers Center of Alcohol Studies, Monograph No. 9) xvii + 73 pp. 1974. ISBN: 911290-41-9

\$10.00 Now \$4.00

Drinking and abstinence patterns and attitudes were measured in two typical American communities. The incidence and consequences of four types of drinking (Ornamental, Facilitation, Assuagement and Retaliation drinking) were related to the role of community in human affairs.

For: Sociologists, psychologists, epidemiologists, anthropologists, ethnographers.

Wolcott, H.F. The African Beer Gardens of Bulawayo; Integrated Drinking in a Segregated Society. (Rutgers Center of Alcohol Studies, Monograph No. 10) xvii + 261 pp. 1974. ISBN: 911290-42-7.

\$16.50 Now \$6.50

This comprehensive study of African beer gardens illuminates a fascinating aspect of urbanization in Rhodesia and other areas on the African continent, and, more broadly, provides a case study in differing behaviors and points of view about drinking in a setting characterized by both intra-cultural and inter-cultural forces. The author discusses Black-White relationships, alcohol and economic factors, alcohol and its relationship to cultural change, and the focus of the public on beer-garden problems as a surrogate for more serious social and political problems.

For: Anthropologists, sociologists, ethnographers, African Studies programs, political scientists.

Sadoun, R., Lohi, G. and Silverman, M. Drinking in French Culture. (Rutgers Center of Alcohol Studies, Monograph No. 5) xviii + 133 pp. 1965. ISBN: 911290-38-8.

\$7.50 Now \$4.00

This work reports in vast and fascinating detail what the drinking of the French is really like. It describes all the drinking in France, alcoholic and nonalcoholic; popular and medical attitudes toward drinking are detailed; it reports on an important survey which depicts the drinking patterns of the entire French population from childhood through adulthood; and an investigation of the drinking of French alcoholics is reported.

For: Sociologists, physicians, epidemiologists, anthropologists and educators.

Others

The Disease Concept of Alcoholism. E.M. Jellinek. Paperback \$8.50

Alcohol Education Materials: An Annotated Bibliography.

G.G. Milgram

Literature of 1950-1973 \$20.00

Literature of 1973-1978 \$20.00

Literature of 1978-1979(with P. Page) \$10.00

Literature of 1979-1980(with P. Page) \$10.00

Literature of 1980-1981(with P. Page) \$10.00

Drinkers, Drinking and Alcohol-Related Mortality and Hospitalizations; A Statistical Compendium (1980 Edition). M.M. Hyman, M.A. Zimmermann, C. Gurioli, and A. Helrich \$12.50

Coping with Alcohol. Gail G. Milgram. (Richards Rosen Press, Inc.) \$8.00

Alcohol and Alcohol Problems; New Thinking and New Directions. W.J. Filstead, J.J. Rossi, and M. Keller, eds \$18.50

Alcohol, Science, and Society. 29 lectures with discussions at the Yale Summer School of Alcohol Studies. (Orig. 1945. Greenwood Press reprint.) \$26.00

Drinking and Intoxication; Selected Readings in Social Attitudes and Controls. R.G. McCarthy, ed. Illustrated. Paperback \$8.50

Society, Culture, and Drinking Patterns. D.J. Pittman and C.R. Snyder, eds.

Paperback \$12.95

Continuing Professional Development in Alcohol

About the School

The Rutgers Summer School of Alcohol Studies (SSAS), scheduled for June 19 - July 8, 1983, will be the forty-first session of the School. Founded at Yale University in 1943 by the Center of Alcohol Studies, the School moved to Rutgers with the Center's relocation in 1962. Over 12,000 students have attended the School since its inception; these students have come from each of the 50 states, Canadian provinces and 40 other countries. The diversity of the student body's geographic distribution, experiences and interests creates a unique and stimulating atmosphere. Interaction among our students and faculty has made, and continues to make, the "Rutgers Experience" an essential element in the professional development of counselors, physicians, educators, and others in the field of alcohol problems.

Programs in Alcohol Studies

Three-Week School

Students in the three-week summer program are expected to register for two courses. The courses should be in the student's special areas of interest and qualification. The requirements for the courses and methods of evaluation will be determined by the instructors, and the School's faculty.

Each course will meet formally 80 minutes each morning for a total of 20 hours. The schedule will allow for most, but not all, combinations of courses. Students are also expected to attend the general lectures and to participate in special-interest seminars.

Private Programs

The faculty and administration of the Center of Alcohol Studies, and the School of Alcohol Studies will work closely with groups, businesses, not-for-profit organizations, and others to develop appropriate educational and professional development seminars. Most of the courses listed here may be offered to groups "on-site" at their location.

The Center can provide a complete program of educational development and professional certification, including the assessment of your organization's training needs. Other year-round programs are available to individual professionals interested in certification or re-certification.

For information on the courses, fees, and timing of these activities, contact the Director of Educational Programs, Center of Alcohol Studies, Rutgers -The State University, New Brunswick, NJ, 08903.

New Course - Of Special Interest

CAS-02 Social Implications of Alcohol Use in American Society: College Policies and Programs (For college administrators, deans, residence-life personnel, student-services staff, etc.)

Major aspects of youthful drinking (adolescent alcohol use and misuse) and college drinking (motivations, situations, and patterns) will be presented. Policy design and elements of college policy with a focus on the total college community and programming, including Employee/Student Assistance Programs, will be detailed.

Courses in Alcohol Studies

Program Management and Planning

CAS-21A Basic Program Management Skills (A basic course on management of drug and alcohol programs)

This course provides a basic approach to management in drug and alcohol programs for new and developing management persons. The course provides an overview of current thinking and a specific "how to" approach for successful planning, organization, staffing, and personnel development, and monitoring of performance. This approach also emphasizes the skills of the effective manager and the technical applications for utilization of community resources.

CAS-21B Advanced Program Management Skills

A skills-oriented overview of current management techniques with specific focus on drug and alcohol programs. The emphasis is placed on advanced strategic planning and development for the more experienced manager. In addition, special problem areas such as corporate restructuring, diversification, and their many implications are discussed.

CAS-24 Grant and Contract Proposal Writing

A practical approach to the development and submission of competitive applications to various funding sources, with emphasis on government and foundation grants and contracts. Discussion topics will include preliminary research, conceptualization, proposal development, application processes, and review procedures.

CAS-31 Supervision of Alcoholism Staff

This course is designed to help those who are in supervisory positions to acquire, strengthen, and sharpen their supervisory skills. Transference, countertransference, burnout, individual counseling, group counseling, use of audio and video tapes, internship programs, etc. are among the topics discussed.

General Interest to Counselors, Other Professionals

CAS-04 Counseling in Structured Alcoholism Programs (For those counseling alcoholics in comprehensive, multidisciplinary structured programs.)

A practical course focusing on the most common roles of alcoholism counselors functioning as multidisciplinary team members: facilitative counseling conditions; core counseling functions; systematic counseling process; major treatment models; theories of causation; and other topics.

CAS-05 Motivational Counseling in Alcoholism (For those responsible for counseling alcoholics in short-term settings.)

Topics include: psychological and physical aspects of alcoholism and addiction; etiological factors; effects of alcoholism on the family, employer, and other systems; special aspects of counseling in the workplace and court programs; development of treatment plans and referrals to Alcoholics Anonymous.

CAS-06 Current Problems, Policies, and Issues (For program administrators, planners, and those concerned with policy making.)

Participants will review, analyze, and debate current problems, policies, and issues affecting the alcoholism field. Topics such as legislation, counselor certification, health systems agencies, drugs and alcohol, alcoholism and national health insurance, drinking age, dedicated alcohol taxes, and others will be discussed and critically analyzed.

Special-Interest Groups

CAS-08 The Teenager and Alcohol Abuse (For educators, counselors of adolescents.)

Major aspects related to teenage years will be discussed: alcohol use and abuse, motivations for alcohol use, drinking patterns, and the effects of alcohol on this population. Counseling and educational techniques will be discussed and practiced in the classroom setting. Educational methods and techniques, and curriculum materials will be reviewed, analyzed, and demonstrated.

CAS-15 Alcoholism and the Latino Population

This course is designed to enable participants to gain an understanding of Latino cultural values, beliefs, behaviors, and lifestyles as they impact on the intervention and treatment of alcohol abuse and alcoholism. The special service and treatment needs of this population will be examined, with an emphasis placed on the development of skills and the identification of strategies that can be employed to help the Latino client and family. In addition, the historical, political, economic, and sociocultural factors that influence the development of alcoholism among this population will be explored. Other special topics, including the Latino woman and alcohol, Latinos and A.A., etc., will be explored.

CAS-26 Alcoholism and Women

This course will explore the historical perspective of issues affecting women, particularly in regard to alcoholism. Past, present, and future approaches to and viewpoints of these issues will be reviewed by various disciplines. The course will examine women's target groups; evaluate women's issues and their impact on alcoholism issues; make recommendations about the treatment, education, and research needed for women; and discuss women in the professions serving alcoholic individuals.

CAS-27 Alcohol and Blacks

An analysis of the role of alcohol in the underdevelopment of black communities in American society. What are and what have been the sociocultural, economic, political, legal, and psychological effects of alcohol in the black community? Within the context of the analysis, the course will explore parameters of treatment which will facilitate recovery for the black alcoholic in non-traditional as well as traditional treatment terms and explore elements for program development.

Health Care and Medically Based Courses

CAS-01 Medical Aspects of Alcoholism (For holders of medical degrees.)

Selected aspects of the etiology of alcoholism: its clinical course and typology; detoxification procedures; long-term rehabilitation and the comprehensive use of community resources; discussion and evaluation of current modalities of treatment and selected aspects of basic and clinical research on alcoholism. Medical degree required for registration. When used and completed as designed, meets criteria for 28 hours, in Category 1 by the AMSA.

CAS-12 Health Care Management of the Alcoholic

This course addresses the management of acute and chronic medical needs of alcoholics in general medical detoxification and rehabilitation environments. Attention is given to diagnostic indicators of the dependence, physical manifestations of alcoholism, care during withdrawal, management of residual health problems, and development of a new orientation to wellness.

CAS-33 Diet Therapy in the Prevention and Treatment of Substance Abuse

Nutritional and biochemical aspects of addiction are contrasted with the psychosocial aspects. Methods for attaining high-level recovery and preventing burnout and relapse are discussed. Current controversies, research, and concepts will be presented. A case for the effectiveness of diet therapy will be based on animal and human research, on reports from successful programs, and on experience with conducting training programs for treatment staff. A broad perspective is offered, tying together such concepts as holistic nutrition, a systems approach to treatment, the disease concept of alcoholism, and the "wellness" concept of alcoholism treatment.

Law, Society, and Alcohol Policy and Issues

CAS-10 Issues in the Treatment of Alcoholism. (For persons with advanced degrees in behavioral science disciplines and experience in alcoholism counseling, and for certified alcoholism counselors with substantial counseling experience.)

CAS-11 Alcohol and Corrections. (For counselors, policy makers, and criminal justice professionals who deal with alcoholic offenders.)

CAS-18 Legal Aspects of Alcoholism Counseling and Program Administration. (For counselors, program administrators, and policy makers.)

CAS-20 Societal Aspects of Alcohol Use and Alcoholism. (For persons interested in an overview of alcohol use and alcoholism.)

CAS-22 Multiple Drug Use in America: Problems and Perspectives. (For persons of any discipline interested in exploring the ramifications of multiple drug usage.)

CAS-30 Models of Addiction. (For advanced students with background in psychology or equivalent training.)

CAS-34 Alcohol Problems. (For persons interested in a fundamental background course on alcohol problems.)

Family/Individual Issues

CAS-03 Treatment of the Alcoholic Family. (For counselors and other interested professionals seeking greater awareness of the family-system point of view.)

CAS-16 Dealing with Sexual Identity Issues in Recovery. (For persons of any discipline who wish to increase their skill and sensitivity in addressing sexual identity issues.)

CAS-19 Sexuality, Alcohol, and Family Intimacy. (For counselors with at least one year of experience in the field.)

CAS-28 Counseling Children of Alcoholics. (For persons involved in counseling and developing services for youth.)

CAS-32 Counseling the Chemically Dependent Adolescent. (For counselors, treatment personnel, and administrators who are treating adolescents or who wish to establish adolescent treatment programs.)

Use of Resources, Techniques of Treatment

CAS-07 Community and Organizational Networking: Building Effective Linkages in the Community. (For persons dealing with multiple outreach in a community or organization.)

CAS-09 Understanding and Relating to Alcoholics Anonymous. (For professionals concerned with relating to A.A.)

CAS-13 Employee Assistance Programming. (For EAP administrators, counselors, coordinators, or consultants on program development.)

CAS-14 Group Dynamics in Alcoholism Programming. (For persons of any discipline who work in or with groups.)

CAS-17 The Role and Contribution of the Church in Alcohol Problems. (For persons both with the religious community and those interested in working with the religious community as a valuable ally and change agent.)

CAS-29 Counseling Alcoholics in Employee Assistance Programs. (For professionals and non-professionals who have responsibility in counseling alcoholics in/or from a business environment.)

Academic Credit

Prospective students interested in academic credit are advised to obtain the special "Approval-Certification Forms" from the SSAS and to approach the department and university in which they are enrolled to obtain official approval of credit for SSAS work. This approval is best arranged in advance of their enrolling in the Center of Alcohol Studies programs. After the School, SSAS will issue certification of attendance and grade to the college or university which has approved such credit.

Rutgers University has established 10 Continuing Education Units (CEU) as appropriate for students completing the three-week School. Appropriate CEU's are awarded for other educational programs arranged through the SSAS and successfully completed.

Graduate and professional students enrolled at Rutgers will receive 1.5 credits per approved course upon successful completion of the three-week session, provided they have received prior approval by their graduate deans for one or both of the courses taken.

Costs and Accommodations

The costs for the three-week program in Alcohol Studies will be as follows:

Tuition	\$490.00
Room	263.25
Meals	141.75
Total	<u>\$895.00</u>

Mastercard and VISA are accepted for school costs

For More Information

Write Ms. Linda Allen, Secretary, Summer School of Alcohol Studies, Rutgers University, New Brunswick, NJ, 08903; or call at (201) 932-2190. Also, the book order form may be used to request additional written information.

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