

CBT FOR PTSD IN SED

June Newsletter



Do you have your accommodations from the Office of Disability Services at your school? Accommodations make a HUGE difference in helping students with mental health conditions succeed in their education. Summer is the perfect time to start preparing your documentation for the fall. Students with a documented diagnosis of a mental health condition are eligible to receive academic accommodations. Common accommodations include:

- Extended time on exams
- Extended deadlines for assignments
- Note-taking
- Quiet room for exams
- Recorded lectures

We strongly encourage you to send out your accommodation letters from Office of Disability Services in advance of the Fall semester to your professors. If you need a letter of documentation to apply for accommodations, please contact our project coordinator Jeganee Srijeanthan: js2280@psych.rutgers.edu.

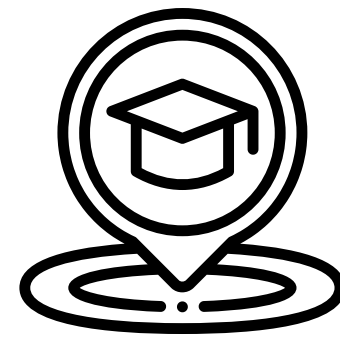
We Can Help! FREE documentation for ALL participants to help you apply for accommodations!

Message From the Team

Dear Study Participants,

We would like to congratulate those of you who have graduated!

We would like to express our gratitude to each of you for taking the time to contribute to our study. As a participant, your support and contribution is integral to our research goal. We could not do this without you! Please let us know if there is anything you think we should change to make this study easier or more helpful to you. Finally, please let us know if you have other ideas related to this trial that may inspire future research. Your participation in this study will hopefully help students like yourself in the future.



Study Progress

We are currently in our 3rd year of the research study. To date, we have 118 college students enrolled in our study. We are still enrolling new, interested participants as well as scheduling follow-up assessments with existing participants. Completing follow-up assessments is of the utmost importance to us as it allows us to properly evaluate our participants. If you have received an email/text from a member of our team to complete a follow-up assessment, please schedule a time to do so. You will receive a \$30 Amazon Gift Card upon completion!

Updates to your Contact Information

If you have recently graduated and only provided your school email, please send us your personal email!

Questions?
Concerns?
Contact Us!

js2280@psych.rutgers.edu