

E2: The Effects of Estradiol on Cognition, Sleep, and Alzheimer's Disease Risk

Help us understand how fluctuations in sex hormones during middle age influence sleep, memory, and future Alzheimer's Disease risks.



STUDY ACTIVITIES:

- Questionnaires
- Spinal Fluid Collection
- Blood Sample
- Sleep profiler (over-night)
- MRI scan of your brain
- Pencil and paper testing



ELIGIBILITY



AGE

Ages 45-65



ETHNICITY

**Black/African Americans
& White (non-Hispanic)**



**MEMORY &
THINKING ABILITY**

Normal



Contact us!

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