

# Cape May County Food Pantries and Meals

Open to all

Spring 2025

Compiled by  
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Key:

-  Appointment Required
-  Bring your ID
-  Bring your own bags

## Holy Redeemer Food Bank



1801 US 9, Cape May Court House

Free groceries and diapers when available. Clients can visit once a month. **Open Monday, Tuesday, and Thursday 9-12, call in advance.** Call 609-465-2082 for more information..

Nearest bus stop: Main Street at Mechanic St

## Cape May County High School



148 Crest Haven Rd, Cape May Court House

Provides free groceries. **Open Wednesdays 11:30-12:30 and Fridays 12-1.**

Call 609-465-2720 for more information

Nearest bus stop: Main Street at Mechanic St

## Caring for Kids Family Center



31 E Mechanic St, Cape May Court House

Provides free groceries, and diapers and feminine hygiene products when available. **Open Tuesdays and Thursdays 10-2.**

Call 609-675-5400 for more information.

Nearest bus stop: Main Street at Mechanic St

## Coalition Against Rape and Abuse

800 US 9, Cape May Court House

Provides free groceries, diapers, and pads. Call in advance. **Open Monday-Friday 8-4.** Call 609-522-6489 for more information.

Nearest bus stop: US 9 at Pacific Ave

## First United Methodist Church

1 Church St, Cape May Court House

Provides free groceries. **Open 3rd Saturday 9:30-11**

Call 609-465-7087 for more information.

Nearest bus stop: Main Street at Mechanic St

## Community Food Closet



500 Hughes St, Cape May  
Provides free groceries, diapers, and pads. **Open 2nd and 4th Fridays 7:30-11**

Call 609-600-7715 for more information.

Nearest bus stop: Cape May Welcome Center - Lafayette St

## First Presbyterian Church of Cape May

500 Hughes Ave, North Cape May

Provides free groceries. **Open 2nd Friday 9-10:30 and 4th Friday 7:30-11**

Call 609-884-3949 for more information.

Nearest bus stop: Bayshore Rd at Town Bank Rd

## Christ Child Society of Cape May County

680 Townbank Rd, North Cape May

Provides free breakfast and lunch items, diapers, wipes, and formula.

**Open Mon-Fri 8-5**

Call 609-602-7682 for more information.

Nearest bus stop: Bayshore Rd at Heidi Ave

## Seashore Community Church of the Nazarene



446 Seashore Rd, Erma  
Provides free groceries, and pet food, diapers, and clothes when available. Only open to Lower Township Residents. **Open Mon, Wed, and Fri 10-12**

Call 609-886-6196 for more information.

Nearest bus stop: US 9 at Kathryn Blvd

## Cape May County Social Services

3801 Rt 9 S, Rio Grande

Provides a variety of support for those experiencing food insecurity.

**Open Mon-Fri 8:30-4:30**

Call 609-886-6200 for more information.

Nearest bus stop: Rt 47 at 1st St

## St. Francis Food Bank

1304 NJ-47, Rio Grande

Provides free groceries, diapers, and baby formula when available. Clients can visit once a week. **Open Mondays, Wednesdays, and Fridays 9-12**

Call 609-886-5091 for more information.

Nearest bus stop: Rt 47 at 1st St

## Catholic Charities and CMC

1304 NJ-47 Unit C-1, Rio Grande

Provides free groceries, call ahead.

**Open Mon-Fri 8:30-3:30**

Call 609-886-2662 for more information.

Nearest bus stop: Rt 47 at 1st St

## Family Success Center

1046 B NJ-47, Rio Grande

Provides free groceries and diapers when available. **Open Tuesdays and Thursdays 5-7, Mondays, Wednesdays, and Fridays 9-12, and 4th Saturday 10-12**  
Call 609-778-6226 for more information.

Nearest bus stop: Delsea Dr at Railroad Ave

## Holy Spirit Lutheran Church



1220 Bayshore Rd, Villas

Provides free groceries and diapers when available. Clients can visit once a month. **Open Thursdays 10-1 and 4th Saturday 10-1**  
Call 609-886-2414 for more information.

Nearest bus stop: Bayshore Rd at Atlantic Ave

## Notre Dame de la Mer Parish

7100 Seaview Ave,  
Wildwood Crest

Provides free groceries. **Open Mon, Wed, and Fri 10-12**  
Call 609-522-2709 for more information.

Nearest bus stop: Wildwood Bus Terminal Arrival

## Lazarus House Emergency Food Pantry



4511 Pacific & Burke Ave,  
North Wildwood

Provides free groceries. **Open Mondays, Wednesdays, and Fridays 10-12. Bring proof of lower income.**

Call 609-522-1500 for more information.

Nearest bus stop: Wildwood Bus Terminal Arrival

## Bethel Commandment Church



402 S George St,  
Whitesboro

Provides free groceries, clients can visit once a month. **Open Tuesdays 9-11, Thursdays 4-6, and 1st and 3rd Thursdays 8-11**

Call 609-465-0356 for more information.

Nearest bus stop: US 9 at Summer St

## CCWI Vera Smith Community Food Pantry



100 E Main Street,  
Whitesboro-Burleigh

Provides free groceries. **Open Mondays, Wednesdays, and Fridays 9-12.**

Call 609-536-8672 for more information.

Nearest bus stop: US 9 at Main St

## Ocean City Ecumenical Council Food Cupboard



501 E 8th St, Ocean City

Provides free groceries and diapers when available. Call in advance. Clients can visit once a month. **Open Mondays and Wednesdays 1-3 and Fridays 10-12.**

Call 609-398-3191 for more information.

Nearest bus stop: Atlantic Ave at Moorlyn Terrace

## Church of the Resurrection



200 Tuckahoe Rd,  
Marmora

Provides free groceries. **Open Wednesdays 2-5**

Call 609-390-0664 for more information.

Nearest bus stop: West Ave at 34th St

## St. Casimir's Thrift Shop and Food Pantry



304 Clay St, Woodbine

Provides free groceries and diapers when available. Clients can visit once a week. **Open Tuesdays, Thursdays, and Saturdays 9-12**

Call 609-390-0664 for more information.

Nearest bus stop: Washington St at Franklin St

