



RUTGERS

School of Nursing | Camden

Nursing of Women and the Childbearing Family Theory Spring 2020

Course Title & No:	Nursing of Women and the Childbearing Family Theory (50:705:301)
Credits:	3 credits
Course Hours:	Class: Monday, 8:00 am – 10:50 am Recitation: Monday, 6:00 – 7:00 pm
Pre-requisite Courses:	705: 101, 201, 202
Co-requisite Courses:	705: 302
Location:	Class and recitation: CNS Room 101
Faculty:	Jamille Nagtalon-Ramos, EdD, MSN, WHNP-BC, IBCLC Assistant Professor Office Location: CNS Room 444 Email: nagtalonramos@rutgers.edu Office hours: By appointment
Course Assistant (CA):	Amanda Sheehan Email: amanda.sheehan@rutgers.edu Phone: (856)649-6146

Course Description:

This clinical theory course focuses on the care of women with common gynecological problems throughout the lifespan as well as family centered care from preconception through childbearing and the postpartum. Emphasis will be placed on wellness and health promotion of women associated with the normal processes of aging and childbearing. In addition, complications of the puerperum period will be identified and interventions described. Current national and global issues in caring for women and infants will be explored. The integration of genetics and evidence into practice as well as caring for diverse populations will be presented.

Course Objectives:

(AACN Essentials of Baccalaureate Education are noted in parentheses)

At the completion of the course the student will be able to:

- Examine the concepts of providing tailored, culturally competent, family centered care to diverse populations especially those found in Camden, N.J. * (VI, VII, VIII, IX)
- Utilize critical thinking skills to understand the nursing process as it relates to providing care to women and infants (III)
- Apply WHO, AACN, AWHONN, AAP, CDC and ACOG Standards to clinical practice (II, III)
- Explore how research is integrated into evidence-based practice when delivering care to women and infants (III)
- Identify quality and safety issues in maternal/newborn clinical practice (II)
- Identify the nurse's role in health promotion, disease prevention, and advocating for women across the lifespan in global environments and inner-city communities such as Camden, N.J.* (V, VI, VII, IX)

- Understand the physiology of reproduction and childbearing including genetics and infertility in addition to complications associated with the antepartum, intrapartum and postpartum periods. (VII, IX)
- Discuss the issues facing women later in life including menopause, reproductive cancers and heart disease (VII, IX)
- Develop skills of effective communication, teaching and collaboration with clients and healthcare team members * (VI)
- Discuss the implications of healthcare policy on issues related to access to care, use of publically funded programs for pregnant women, WIC Program, and social justice in healthcare delivery (IV, V, VIII)
- Examine the concept of civic engagement and how it applies to the role of the professional nurse working in Camden, N.J.* (VI, VII, VIII, IX)

* Includes civic engagement focus (will be performed in clinical)

Required Textbook and Readings:

Murray, S., McKinney, E., Holub, K., & Jones, R. (2019). *Foundations of Maternal-Newborn and Women's Health Nursing* (7th ed.). Elsevier. ISBN-13: 978-0-323-39894-7

Additional readings and resources posted on Canvas

Recommended Textbooks:

Textbooks from the following previous courses will be useful in this class: Anatomy and Physiology (50:120:153-154), Genetics (50:120:231), Human Development (50:830:222), Nutrition in the U.S. and the World (57:705:255), Microbiology (50:120:211), Pathophysiology (50:120:347), Foundations (57:705:212-213), Health Assessment (57:705:202-206), Pharmacology (57:705: 489)

ATI Products:

Students will have access to ATI products for this course.

Standards of Nursing Practice:

- American Academy of Pediatrics and the American College of Obstetricians and Gynecologists (2017). *Guidelines for Perinatal Care* (7th Ed.). Washington, D.C.:AAP & ACOG.
- AWHONN (2009). *Standards and guidelines for professional nursing practice in the care of women and newborns* (7th ed.). Washington, D.C.: AWHONN.
- Code of Ethics for Nurses with Interpretive Statements (2015). Retrieved from <http://www.nursingworld.org/MainMenuCategories/EthicsStandards/CodeofEthicsforNurses/Code-of-Ethics-For-Nurses.html>
- Hospital & Unit Based Policy & Practice Guidelines – located in various clinical sites.

Methods of Instruction:

Classroom lecture & discussion, audio-visual media, web-based materials, case studies, online discussion boards, group presentations, & required readings and written assignments.

Course Requirements:

1. Students are required to attend all scheduled classes. Students are to notify the professor via email prior to missing any class.
2. Assigned readings are to be completed prior to the scheduled lecture. Professor reserves the right to add additional readings during the semester.

3. All tests will utilize Exam soft, a computer-based resource. Therefore, **ALL** students **must** have access to a laptop for all tests administered in this class. Please review the “*Laptop Requirements*” posted on the School of Nursing | Camden website under the student tab.
4. A grade of **C+** or above is required for progression
5. A satisfactory grade in the clinical component course (705:302)**
 If a student receives a grader of less than **C+ in the course (705:301), he/she will receive “no credit” for the clinical component course (705:302) regardless of their performance in the clinical setting.
 **Likewise, if a student receives an unsatisfactory grade in the clinical course (705:302), he/she will receive “no credit” for the course (705:301) regardless of their performance in the classroom setting.
 If a student earns a grade of less than a **C+ in either 705:301 or 302, he/she will have to retake both courses simultaneously.
6. It is essential that all healthcare providers have a basic literacy in computer technology. To this end, the Rutgers University School of Nursing-Camden has moved toward incorporating computer technology into all aspects of the program. Some resources necessary to successfully progress through the program are only available via the Internet. Therefore, students enrolled in this course are expected to check their Rutgers email accounts and log on to the Canvas online course shell every 24-48 hours to check for updates, announcements, and to access course materials.

In addition to meeting all course objectives, students are expected to adhere to the policies and procedures in this syllabus and those of the School of Nursing. Please consider the following as useful tools to maximize your potential for success in this course:

1. **Attendance:** Reading the textbook, journal articles, ATI readings and resources, and handouts is not sufficient for successful completion of this course; class attendance is vitally important. Students are expected to **attend all lectures, to be on time, and to stay for the entire class**. As an adult learner, if unable to attend class, students are expected to inform the course professor by email and obtain class announcements and notes from a classmate.
2. **Class Preparation:** In order for the student to better understand and integrate new content, he/she should complete the required readings (from the textbook, ATI readings and resources, any journal articles, handouts or website assigned in for class). Preparing for class by reading the assigned journal articles in advance will enable students to contribute to class discussion.
3. **Cell Phones and other Electronic Communication Devices:** As a courtesy to both faculty and students, all portable electronic devices, such as smartphones, iPads, etc. **must be placed on quiet or vibration status** before lecture officially begins. When class is in session, the use of Instant Messenger type communication systems, playing games, watching video clips on laptop computers, listening with ear phones, and text messaging on cell phones is unprofessional and a distraction to faculty and other students. Thus, they are prohibited during all lecture sessions **except** in cases when the professor indicates students may use these devices.
4. **Canvas Learning System:** This course is complemented by the use of Canvas which contains the syllabus, weekly slides/handouts for students to download/print, required and

recommended reading assignments, supplemental resources, assignment guidelines, and important announcements. ALL students are required to be familiar with the use of Canvas; online tutorials and help-lines are available for students who encounter technical difficulties.

5. Professional Conduct: It is an expectation that students will conduct themselves in a professional manner in class.
 - a. Students are entitled to receive instruction free from interference by other class members. Interference is defined as side conversations, lateness, walking out and in the room while class is in session, etc. Students are asked not to talk with other classmates while the instructor or another student is speaking.
 - b. Announcements will be made promptly at the start of class and will not be repeated for late arrivals. Students who are late need to obtain this information from other classmates. Again, this is the student's responsibility.
6. Cancellation of Classes: In the event class is cancelled due to unforeseen circumstances (i.e. inclement weather), an asynchronous class may be provided to students (*pre-recorded lecture for students to download and watch/listen at his/her convenience*). It is the responsibility of the student to ensure that he/she checks for announcements in the Canvas course and his/her emails for communication from the course professor regarding the cancellation of classes and any asynchronous classes scheduled.
7. Lateness: Please notify the professor in advance through Canvas email or the Rutgers email stated above if you will not be able to complete activities on time in the case of extenuating circumstances. **Activities that are not submitted by the deadline will not be considered unless prior arrangements have been made with the professor. See assignment rubric for further details regarding penalties for late work.**
8. Use of Other Technology for Student Learning: This class uses varying technology to engage students in learning. Google docs and Google drive may be used to share documents among group members for peer review and collaboration. All students enrolled at Rutgers University by default have a Google Account: **username@scarletmail.rutgers.edu** Students will need to either install the Google docs and Google Drive application on their device or log into his/her Google account to participate in group exercises IF they choose to use this as a collaborative tool to work on group projects.
9. Policy Concerning Written Assignments: Please notify the professor in advance through Canvas email or the Rutgers email stated above if you will not be able to complete activities on time in the case of extenuating circumstances. Activities that are not submitted by the deadline will not be considered unless prior arrangements have been made with the professor. Additionally, points will be deducted for any late submission of assignments.

Disclaimer:

The course faculty reserve the right to revise assignments or change due dates during the course semester.

Evaluation Criteria:

Evaluation Methods	% of Grade	Date Administered / Due Date
Exam I	20%	2/17/2020
Exam II	20%	3/9/2020
Exam III	20%	4/6/2020
Case Studies x 3 (5% each) will drop the lowest grade	10%	2/10, 3/2, 4/27/20
ATI Assessments, Remediations, & Proctored Exam	5%	Proctored exam on 4/20
Final Exam (cumulative - 100)	25%	TBA
Total	100%	

ATI Proctored Assessment - Grading based on level achieved:

Level 3 (Exceeds benchmark) = ATI grade of **100%**
[Minimum remediation time recommended: 1-hour]

Level 2 (Meets benchmark) = ATI grade of **85%**.
[Minimum remediation time recommended: 2 hours].

Level 1 (below benchmark) = ATI grade of **75%**.
[Minimum remediation time recommended: 4 hours]

Below level 1 = ATI grade of **65%**.
[Minimum remediation time: 4 hours].

[All students scoring Below level 1: student must meet with course professor. The student will be encouraged to complete a remediation plan, including ATI resources such as Learning systems (LS 3.0) questions to reinforce missed concepts to complete prior to the start of the next term.]

Assignment Information:

All assignments are due on the date specified unless the student has corresponded with the Professor (prior to the due date) and a new submission date has been negotiated. Otherwise, the student will receive a grade of 0 for the assignment.

All students are expected to take exams on the scheduled date. If a student finds it necessary to miss an exam based on illness or unforeseen circumstances, he/she must notify the Professor **prior** to the exam. If the Professor is not contacted by the student, the student will receive a grade of "0". If the Professor is contacted, a make-up exam will be created, and an exam date will be provided to the student. **The format for a make-up exam may vary.**

- Students will be allowed to review the questions answered incorrectly the next week after an exam **or as outlined by the professor** during the recitation period. After that time frame, students will not be allowed to review their exams.

Grading Scale:

A course grade of C+ or better is required for progression in the nursing major.

A	90 to 100	B+	85 to 89	B	80 to 84		
C+	75 to 79 (*)	C	70 to 74	D	60 to 69	F	<60

Assignment/Exam Grades:

Final theory course grades are calculated using the above weighted criteria. *There will be no rounding of exam grades.* Final grades will be rounded at the discretion of the faculty instructor

Academic Integrity Policy:

The School of Nursing follows the Rutgers, The State University of New Jersey policies/procedures regarding Academic Integrity that can be found at: <http://academicintegrity.rutgers.edu>

Audio or videotaping (or use of any other electronic recording media) of course lectures **is not permitted** unless the student presents the course professor with valid documentation for this accommodation from the Division of Student Affairs, Dean of Students Office <http://deanofstudents.camden.rutgers.edu/> Students who are caught doing so without approval of this accommodation will be violating the Student Code of Conduct.

Note: Any student that is aware of any academic misconduct has a moral and ethical responsibility to report it to the course faculty.

Student Handbook 2019-2020:

All students are held to the policies and procedures and all information in the SNC Student Handbook: <https://nursing.camden.rutgers.edu/sites/nursing/files/SNC%20Student%20Handbook%202019-2021.pdf>

Student Services:

1. **SNC CARES (formerly, Office of Nursing Student Advising and Clinical Operations)**, is a comprehensive center dedicated to positively impacting the nursing student experience. SNC CARES will serve as the core of student support from admissions to graduation including: Recruitment ▪ Admissions ▪ Progression Planning ▪ Advisement ▪ Mentoring ▪ Remediation ▪ Counseling ▪ Course Scheduling ▪ Clinical Placement ▪ and Clinical Compliance. Please make an appointment through Raptor Connect or visit our website: nursing@camden.rutgers.edu
2. **Office of Disability Services**
The Office of Disability Services (ODS) provides students with confidential advising and accommodation services in order to allow students with documented physical, mental, and learning disabilities to successfully complete their course of study at Rutgers University – Camden. The ODS provides for the confidential documentation and verification of student accommodations and communicates with faculty regarding disabilities and accommodations. The ODS provides accommodation services, which can include readers, interpreters, alternate text, special equipment, and note takers. The ODS acts as a signatory for special waivers. The ODS

also works with students, faculty, staff and administrators to enforce the American with Disabilities Act of 1990. Please visit: <https://learn.camden.rutgers.edu/index.php>

3. APA Style

- a. All written assignments are to follow APA format. Please visit:
<http://www.citationmachine.net/apa/cite-a-book>

4. Registrar

Student Information - <https://registrar.camden.rutgers.edu/student-information>

Last day to withdraw from an individual class with a W grade - **February 3, 2020 (Monday)**

Course Evaluation:

The course evaluation process is central to Rutgers' efforts to ensure that instruction at the University continues its history of excellence. School instructors and administrators take the information and feedback received from students very seriously. It is the expectation that all students complete all required course evaluation surveys while enrolled in courses at Rutgers University. The online course evaluation system provides security and confidentiality that far exceeds that which is possible with the paper and pencil method. Students can participate in the surveys with complete assurance that their responses will remain *confidential*.

Students are expected and encouraged to comment about their experiences in the classroom and to provide feedback on the quality of instruction in the course through the *Student Instructional Rating Survey [SIRS]* (a University-wide survey). SIRS is conducted at the end of every semester by the Center for Teaching Advancement and Assessment Research. When the course evaluation survey is launched for a semester, students will be contacted through e-mail from the CoursEval System (<https://sirs.ctaar.rutgers.edu/>).

Rutgers, The State University
 School of Nursing | Camden
 Nursing of Women and the Childbearing Family Theory
 (50:705:301)
 Course Outline Spring 2020

Week	Date	Topic	Required Readings (Additional readings and resources can be found on Canvas)
1	1/27	Introduction to Course, Schedule, Clinical Expectations, & ATI Products	
		<ul style="list-style-type: none"> • Introduction to Maternity Care • Scope of Maternity Practice • Maternal & Infant Mortality • Caring for Diverse Populations • Providing Culturally Competent Care • Professional communication • Patient Education & Literacy 	Murray: Preface, pages viii - x Chapter 1 Chapter 2, pp. 19-28
2	2/3	Caring for Women During the Postpartum Period:	
		<ul style="list-style-type: none"> • Postpartum Physical Adaptations • Postpartum Assessment & Education • Transition to Home & Home Care • Postpartum infections & other complications • DVT, Pulmonary Embolism, Stroke • Postpartum Depression 	Murray: Chapter 16, pp. 504-508 Chapter 17 Chapter 18 ATI: Chapter 17 Chapter 19 Chapter 20 Chapter 21 Chapter 22
3	2/10	Caring for the Newborn:	1st Case Study Due
		<ul style="list-style-type: none"> • Initial Newborn Care in Delivery Room • Physiologic Adaptations of the Newborn • Nursing Assessment & Care of the Newborn • Nutrition & Feeding Methods • Potential Complications of the Newborn • Newborn Discharge 	Murray: Chapter 19 Chapter 20 Chapter 21 ATI: Chapter 22 Chapter 23 Chapter 24 Chapter 25 Chapter 26 Chapter 27
4	2/17	Caring for Women During the Prenatal Period:	Exam I
		<ul style="list-style-type: none"> • Menstrual Cycle, Fertility, Conception & Fetal Development • Infertility • Prenatal Diagnostic Test & Genetic Screening 	Murray: Chapters 5 Chapters 9 Chapters 26 ATI: Chapter 2

5	2/24	Caring for Women During the Antepartum Period (Part I):	
		<ul style="list-style-type: none"> Physical & Psychologic Changes of Pregnancy Common Discomforts of Pregnancy Health Promotion Education Maternal Nutrition & Exercise Anemia 	Murray: Chapters 6 Chapters 7 Chapters 8 Chapter 20, pp. 251 - 254 ATI: Chapter 3 Chapter 4 Chapter 5
6	3/2	Antepartum Period (Part II):	2nd Case Study Due
		<ul style="list-style-type: none"> Antepartum Nursing Assessment Medication, Drug, Tobacco, Alcohol Use Preterm Labor, PROM & Cerclage Assessment of Fetal Well-Being Childbirth Preparation 	Murray: Chapter 1, pp. 2-4 Chapter 6, p. 117 Chapters 7 Chapter 8 Chapter 9 Chapter 11, pp. 279- 282 ATI: Chapter 6
7	3/9	Caring for Women during the Intrapartum Period (Part I)	Exam II
		<ul style="list-style-type: none"> Labor & Birth Process Intrapartum Nursing Assessment & Fetal Monitoring Nursing Care during Labor 	Murray: Chapters 12 Chapter 14 Chapter 15 ATI: Chapter 11 Chapter 13 Chapter 14
Spring Break – March 14 – March 22			
8	3/23	Intrapartum Period (Part II)	
		<ul style="list-style-type: none"> Non-Pharmacologic & Pharmacologic Pain Management Labor Induction / Augmentation & Other procedures (C/S, forceps, VBAC) Labor & Delivery related Complications Prolapsed umbilical cord; uterine rupture; amniotic embolism TORCH infections Parental Loss & grief 	Murray: Chapter 10 Chapter 13 Chapter 15 Chapter 16 pp. 450 – 457 pp. 286 - 289 ATI: Chapter 8 Chapter 12 Chapter 15 Chapter 16

March 26 - 29		ATI Practice Assessment – A	
9	3/30	Caring for Women with High Risk Pregnancies & Complications	
		<ul style="list-style-type: none"> Bleeding during Pregnancy: SAB, GTD, Placenta Previa, Abruption, Ectopic Preterm Labor, PROM & Cervical Insufficiency & Cerclage Hyperemesis Gravidarum Diabetes Mellitus & Gestational DM Hypertensive Disorders, HELLP, & Cardiac Disease Alloimmunization Substance Abuse Trauma 	Murray: Chapter 10 Chapter 11 Chapter 16 pp. 230-232 pp. 437 ATI: Chapter 7 Chapter 9 Chapter 10
10	4/06	Exam III – Time TBA	
		Women’s Health – Part I	
		<ul style="list-style-type: none"> Obtaining a Sexual History Menstrual cycle STI Contraception 	Murray: Chapter 3, Table 3.1, page 47 Chapter 25 Chapter 27, pp. 738, 768-774 Posted on Canvas: Handout “A Guide to Taking a Sexual History” ATI: Chapter 1 Chapter 8
April 9 - 12		ATI Practice Assessment B	
11	4/13	Women’s Health Issues II	
		<ul style="list-style-type: none"> Healthy People 2020 National & Global Women’s Health Issues Health Promotion Across the Lifespan Health Screenings: Cervical CA & Breast CA Disorders of the breast Menstrual Disorders & Disorder of the Reproductive Tract: Fibroids Reproductive Cancers & Heart Disease Menopause 	Murray: Chapter 27 pp. 751 – 756 pp. 757 – 762 Review: Healthy People 2020: Maternal, Infant, and Child Health
12	4/20	ATI Proctored Exam	
13	4/27	Women’s Health Issues II	3rd Case Study Due

		<ul style="list-style-type: none"> • Continuation from previous week, if needed) • Start comprehensive review for final exam 	
14	5/04	Last Day of Class <ul style="list-style-type: none"> • Continue exam prep • Complete course evaluation in class 	All ATI remediation due
May 5 & 6		READING DAY	No classes
TBD		FINAL EXAM <ul style="list-style-type: none"> • Final exam is cumulative 	