



Course Title & Number: Seminar in Professional Nursing - 57:705:105:03

Credits: 3 credits

Pre-requisite Courses: None

Co-requisite Courses: None

Course Hours: Monday 8:00 am – 10:50 am

Location: Fine Arts Building 111

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Course Description:

This introductory non-clinical course in nursing is designed to provide the student with a foundation in nursing knowledge that will provide the basis for ensuing theory and clinical nursing courses. Major foci will be the discipline and profession of nursing, its history, its conceptual and theoretical structures, and the patterns of knowledge needed for developing the science and practice of nursing. It will require the integration of previously acquired knowledge in the sciences, arts, and humanities, and will introduce basic concepts in epidemiology, demographics, cultural competence, as well as the knowledge necessary for a beginning understanding of the research process, and for development of interpersonal and interdisciplinary communication skills. The ethics and values of the profession as well as the scope of practice and other legal and regulatory aspects will be introduced. Current issues in nursing and the many roles of the baccalaureate prepared professional nurse will be examined and discussed as the student begins the transformation from layperson to professional nurse and becomes a self-reflective, accountable, lifelong learner given to self-appraisal as she/he navigates the route to achieving the terminal objectives of the curriculum.

Objectives:

At the completion of the course the student will be able to:

(AACN Essentials of Baccalaureate Education are noted in parentheses)

1. Articulate the roles and responsibilities of the professional nurse compared to other members of the healthcare team (I, VIII)
2. Understand the historical evolution of the discipline and profession (I, VIII).

3. Explore the conceptual and theoretical structures and patterns of knowledge that contribute to the science of nursing (I, VIII).
4. Describe the process of critical thinking and the nursing process (I, II, III, VI, VIII, IX).
5. Discuss state and national statutes and regulations that define the profession such as: Code of Ethics, Standards of Nursing Practice and other legal and regulatory aspects of providing nursing care (I, II, III, V, IX).
6. Describe nursing's advocacy role in caring for diverse populations across the lifespan, accounting for health status, culture, spirituality, and other individual and group characteristics and needs (I, VI, VII, VIII, IX).
7. Develop beginning interpersonal and interdisciplinary interaction and communication skills (I, II, VI, IX).
8. Perform literature searches using various data bases that contribute to evidence-based practice (I, II, III, VI, VIII, IX).
9. Examine selective issues in nursing such as: safety and quality (QSEN), genetics/genomics and nursing, IOM Report on The Future of Nursing (2010), Healthy People 2020, health disparities and health informatics/technology integration (I, II, III, IV, VII, VIII, IX).
10. Understand the terminal objectives of the curriculum and how the student will prepare to become a life-long learner to foster professional growth and development (I, IX).

Required Textbooks:

Hood, L. J. (2018). *Leddy & Pepper's professional nursing* (9th Ed.). Philadelphia, PA: Wolters Kluwer (ISBN:) Includes Podcasts and Learning Modules for class assignments

American Psychological Association. (2010). *Publication manual of the American Psychological Association* (6th ed.). Washington, DC: APA. (ISBN: 978-1-4338-0561-5)

Methods of Instruction:

Required readings, class discussion, lecture, media, online resources, in class activities, community engagement activities, interviews, reflection, group presentations, written papers, testing

Course Requirements:

Attendance is expected in all classes. Please refer to the student handbook for attendance protocol. Assigned readings are to be completed prior to the scheduled lecture. Professor reserves the right to add additional readings during the semester. Students enrolled in this course are expected to check their Rutgers email accounts and log on to the Canvas online course shell every 24-48 hours to check for updates, announcements, and to access course materials. *All written assignments are due on the dates provided on this syllabus. Two points will be deducted each day for assignments that are handed in late. No submissions will be accepted after 3 days from due date/time unless otherwise indicated.* If you require more time for an assignment, you must notify professor in a timely manner prior to due date. Request at the discretion of the professor.

Writing Intensive Course requirements:

This course meets the University specified criteria and outcomes as a “writing intensive course.”. Thirty percent or more of the course grade is based on writing assignments with approximately 3500 written words (roughly a *minimum of 14 pages* of the aforementioned writing assignments)

are distributed throughout the semester. These assignments can be either in or outside the classroom. In addition to this requirement, students will be given the opportunity to revise their paper(s) based on faculty feedback.

Academic Integrity Policy:

The School of Nursing follows the Rutgers, The State University of New Jersey policies/procedures regarding Academic Integrity that can be found at:

<http://academicintegrity.rutgers.edu>

Disclaimer:

The course faculty reserve the right to revise assignments and requirements or change due dates during the course semester.

Evaluation Criteria

| Evaluation Criteria | % of Grade | Due Date |
|---|---|--|
| <i>Part 1: What is a Nurse? Short Interview</i> (2 pages) | 10% | Due online on Canvas Week #1 |
| <i>Part 2: Why do I want to be a nurse?</i> (2 pages) | 10% | Due Week # 2 in class and Canvas |
| <i>Part 3: Which ethical provision most aligns to my nursing philosophy and why?</i> (1- 2 pages) | 5% paper 5% presentation | To present in class Due week # 3 |
| <i>Part 4: Which nursing theorist do I identify with and why?</i> (1-2 pages) | 5% paper 5% presentation | To present in class Due week# 8 |
| <i>Part 5: My vision for myself as a nurse:</i> (2- 3 pages) | 5% paper 5% presentation | To present in class Due week # 9 and 10 |
| In-class assignments and participation; and online discussion boards | 10% | Per syllabus At the discretion of professor |
| Quizzes | 10% (drop lowest 2 grades) | Pop quizzes throughout the semester at the discretion of the professor |
| <i>Final Assignment- Final Paper Parts 1- 5 and My Nursing Philosophy</i> (Total 10 pages) | 20% paper 10% in class peer evaluation- presentation | Weeks 14 and 15 Final paper due Week #15 |
| Total | 100% | |

Assignments Descriptions with Rationales

**Please refer to Canvas for Expanded Descriptions and Directions
(student is responsible in checking Canvas every 24 to 48 hours)**

1. Part 1: What is a Nurse? Assignment

This assignment requires that you read Chapters 1, 2 and 20 in your Hood (2018) book.

This paper has 2 parts:

1. **Interview:** Select 3 individuals who are not in the nursing field. Interview these 3 individuals asking the following questions:
 - *What is a Nurse?*
 - *How do nurses make a difference in the lives of others?*
 - *What stereotypes, if any, do you know about the nursing profession?*
 - *What type of education is required to be a nurse?*
2. Include what YOU believe nursing is in your final paragraph.
Ask yourself, *What does it mean to be a nurse?*

Deliverable:

- Write 1-page summation of your findings and upload on Canvas.
- **Bring a copy of your paper to class** and be prepared to share it with your colleagues.
- Try to use APA formatting with your paper. You will not get points deducted for APA formatting **this week**. We will discuss APA formatting more in-depth during Week #2.

3. Part 2: Why do I want to be a nurse?

Writing Goals: Understand how the student will prepare to become a lifelong learner to foster professional growth and development.

This assignment requires that you reflect on why you want to be a nurse. Please refer to the APA 6th edition book AND Canvas Week #2 module for additional resources.

Ask yourself the following questions:

1. What motivated me to become a nurse?
2. Why did I pursue a BSN in nursing (versus a diploma or associates degree)?
3. How will having a BSN affect my future nursing career?

Deliverable:

- Write 1-page APA-formatted essay about why you have decided to pursue nursing as a career.
- Bring a copy of your paper to class during Week 2 and be prepared to share your paper with your colleagues.
- This submission **MUST** be written using APA formatting.
- Critique of writing and APA formatting will be conducted during this class period.
- **Include a title page, 1-2 page body, and a reference page.**
- A revised version of this paper is due at the end of Week #2

4. Part 3: Which ethical issue most aligns to my nursing philosophy and why?

1. Review the ANA Code of Ethics document and identify a nursing Provision (s) that most aligns with your nursing philosophy.
2. Provide an example to demonstrate this.

Deliverable:

- Write a 1-page APA-formatted essay.
- Bring a copy of your paper to class and be prepared to discuss your paper with your colleagues.
- Include a title page, 1-2 page body, and a reference page.

5. Part 4: Which nursing theorist and nursing model aligns with my nursing philosophy and why?

1. Review Chapters 5 and 6. Select one (1) Nursing Theory and one (1) Nursing Model from Chapter 6.
2. Outline the Key Concepts of each and Discuss how the Theorist and the Model closely align with your nursing philosophy.
3. Provide examples for each.

Deliverable:

- Write 1-2 page APA-formatted essay addressing guidelines above
- Bring a copy of your paper to class and be prepared to share your paper with your colleagues.
- This submission MUST be written using APA formatting.
- Critique of writing and APA formatting will be conducted during this class period.
- Include a title page, 1-2 page body, and a reference page.

6. Part 5: My Overall Nursing Philosophy:

1. Review Chapter 3, pages 68- 71, in your Hood text.
2. Answer the following questions regarding your personal nursing philosophy.
3. Go to Table 3.3 on page 70 and respond to your personal key concepts of nursing: How nursing is a scientific discipline to you, and your valuation of nursing as your career path.

Deliverable:

- Write 2-3-page APA-formatted essay describing your vision as a future professional nurse.
- Include the nursing career path you wish to enter and why that is your goal.
- Bring a copy of your paper to class and be prepared to share your paper with your colleagues.
- Critique of writing and APA formatting will be conducted during this class period.

7. Final Assignment and Presentation- Final Paper Parts 1- 5 along with a PP presentation.

This is your final paper based on Parts 1- 5. Professor and peer feedback must be incorporated and demonstrated throughout the paper as part of the final product. This paper must be typed, in APA 6th edition formatting, be prepared to present via PowerPoint during the final two weeks of class.

Grading Scale:

A course grade of A, B+, or B* is required for progression in the nursing major.

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|----|-----------|----|----------|---|-----------|-------|
| A | 90 to 100 | B+ | 85 to 89 | B | 80 to 84* | |
| C+ | 75 to 79 | C | 70 to 74 | D | 60 to 69 | F <60 |

Assignment/Exam Grades:

Final theory course grades are calculated using the above weighted criteria. *There will be no rounding of exam grades.* Final grades will be rounded at the discretion of the Faculty instructor.

Academic Integrity Policy:

The School of Nursing follows the Rutgers, The State University of New Jersey policies/procedures regarding Academic Integrity that can be found at:

<http://academicintegrity.rutgers.edu>

Audio or videotaping (or use of any other electronic recording media) of course lectures **is not permitted** unless the student presents the course professor with valid documentation for this accommodation from the Division of Student Affairs, Dean of Students Office <http://deanofstudents.camden.rutgers.edu/> (see # 8 below regarding Disability Services). Students who are caught doing so without approval of this accommodation will be violating the Student Code of Conduct.

Of note, any student who is aware of any academic misconduct has a moral and ethical responsibility to report it to the course faculty.

Student Handbook 2018-2019:

All students are held to the policies and procedures and all information in the SNC Student Handbook.

Student Services:**1. Office of Disability Services**

The Office of Disability Services (ODS) provides students with confidential advising and accommodation services to allow students with documented physical, mental, and learning disabilities to successfully complete their course of study at Rutgers University – Camden. The ODS provides for the confidential documentation and verification of student accommodations and communicates with faculty regarding disabilities and accommodations. The ODS provides accommodation services, which can include readers, interpreters, alternate text, special equipment, and note takers. The ODS acts as a signatory for special

waivers. The ODS also works with students, faculty, staff and administrators to enforce the American with Disabilities Act of 1990. <http://learn.camden.rutgers.edu/disability-services>

2. APA Style

<http://apastyle.org/learn/tutorials/basics-tutorial.aspx>

3. Center for Learning & Student Success

<https://learn.camden.rutgers.edu/>

4. Canvas Information

help@canvas.rutgers.edu

5. Registrar

Student Information - <https://registrar.camden.rutgers.edu/student-information>

Last day to withdraw with a W grade –

Course Evaluation:

The course evaluation process is central to Rutgers' efforts to ensure that instruction at the University continues its history of excellence. School instructors and administrators take the information and feedback received from students very seriously. It is the expectation that all students complete all required course evaluation surveys while enrolled in courses at Rutgers University. The online course evaluation system provides security and confidentiality that far exceeds that which is possible with the paper and pencil method. Students can participate in the surveys with complete assurance that their responses will remain *confidential*.

Students are expected and encouraged to comment about their experiences in the classroom and to provide feedback on the quality of instruction in the course through the *Student Instructional Rating Survey [SIRS]* (a University-wide survey). SIRS is conducted at the end of every semester by the Center for Teaching Advancement and Assessment Research. When the course evaluation survey is launched for a semester, students will be contacted through e-mail from the CourseEval System (<https://sirs.ctaar.rutgers.edu/>).

Topical Outline

| Week | Topics | Preparation | Assignments |
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| Week 1 (9/9) | Orientation to Class Syllabus review and Expectations Course Objective 1: Nurse Practice Act, State Boards of Nursing, & Nursing Licensure | <i>Read:</i> Chapter 1 – The Professional Nurse Chapter 2- The History Behind the Development of Professional Nursing Chapter 20 – Career Options for Professional Nurses | Bring typed copy of assignment to class for sharing and peer review. <ul style="list-style-type: none"> • Part 1: “What is a Nurse?” Interview • Listen to Florence Nightingale at https://publicdomainreview.org/collections/the-voice-of-florence-nightingale/ . Reflect on what you just heard and write a paragraph along with the above reflecting on your thoughts, feelings, and perceptions about nursing history. See further directions on Canvas |
| Week 2 (9/16) | APA Writing | Read APA 6 th Edition pages 21 to 44 | Bring typed copy of assignment to class for sharing and peer review. Part 2: Why do I want to be a nurse? See further directions on Canvas |
| Week 3 (9/23) | Code of Ethics & Work-Life Balance | <i>Read:</i> Chapter 3 – Contextual, Philosophical, and Ethical Elements of Professional Nursing | Bring typed copy of assignment to class for sharing and peer review. Part 3: Ethical Provision and my Nursing Philosophy Prior to Class: Watch documentaries and have discussion based on readings <ul style="list-style-type: none"> • Watch (2) FrontLine Documentaries and prepare a reflection to present in class Facing Death: https://www.pbs.org/wgbh/frontline/film/facing-death/ |

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| | | | <p>The Suicide Plan: https://www.pbs.org/wgbh/frontline/film/suicide-plan/</p> <p>See further directions on Canvas</p> |
| Week 4 (9/30) | Values & Conflict within Professional Practice | <p><i>Read:</i></p> <p><i>Chapter 4 – Establishing Helpful and Healing Relationships</i></p> <p><i>Chapter 7 Critical thinking and nursing process</i></p> | <p>In-Class Activity:</p> <ul style="list-style-type: none"> • Improving Healthcare <p>Video: What Happened to Josie King? https://youtu.be/mfrL2TvSPY0</p> <p>Discussion and reflection on video</p> <ul style="list-style-type: none"> • Nursing Process • Literature review article and class discussion <p>See further directions on Canvas</p> |
| Week 5 (10/7) Online | Factors Shaping Healthcare | <p>Read:</p> <p><i>Chapter 8 – The Health Process and Self-Care of the Nurse</i></p> | <p>Discussion Board Activity</p> <p>Self-Care Interview and Health Promotion</p> <ul style="list-style-type: none"> • Read Chapter 8 and prepare for health promotion assignment • Interview a fellow nursing student colleague about their lifestyles habits. Ask them to reflect on the past month and identify both healthy and not so healthy habits. What are their current health promotion strategies? Reflect on this and outline a plan for them to improve their unhealthy habits. Refer to Chapter 8 Table 8.1 for reference. • Refer to Canvas for Directions. <p>See further directions on Canvas</p> |
| Week 6 (10/14) Online | Technology in Nursing | <p><i>Chapter 14– Informatics and Technology in</i></p> | <p>Discussion Board Activity</p> <p>Infomatics and Technology</p> <ul style="list-style-type: none"> • Read Chapter 14 and watch the following video: www.ncsbn.org/347.htm. |

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| | | Nursing Practice | <ul style="list-style-type: none"> Go to Canvas and answer the following: Discuss the advantages and disadvantages of using your assigned “computer or technology” in clinical practice for nurses. Why do you feel your advantages are advantages and your disadvantages are disadvantages? Reflect on the NCSBN video (5 min) and write your reaction to the student nurses and professional nurses action as presented. Discuss the penalties imposed by the nursing program. Answer what you would do if a colleague posted specific information about a patient for whom they provided care. What would you do? <p>See further directions on Canvas</p> |
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| Week 7 (10/21) | Ethical Decision Making & Nursing Theories | <p><i>Read</i></p> <p><i>Chapter 5 – Patterns of Knowing and Nursing Science</i></p> <p><i>Chapter 6 – Nursing Models and Theories</i></p> | <p>Bring typed copy of assignment to class for sharing and peer review.</p> <p>Part 4: Which Nursing Theorist and Nursing Model do I identify with and why?</p> <p>See further directions on Canvas</p> |
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| Week 8 (10/28) | <p>Legal Concepts & Issues in Nursing</p> <p>Moral Development & Accountability in Nursing</p> | <p><i>Read</i></p> <p><i>Chapter 12 – Professional Nurse Accountability</i></p> | <p>In-Class Activity:</p> <ul style="list-style-type: none"> Go to the following website NJ Board of Nursing Website: <p>https://www.njconsumeraffairs.gov/nur/Pages/actions.aspx and select a FINAL Order of Discipline. Select an individual whose last name begins with the same letter as your last name. See Canvas for further instructions on reviewing this Discipline.</p> |

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| | | | <ul style="list-style-type: none"> Summarize your findings in a 1 page document, bring to class and be prepared to discuss further in class <p>See further directions on Canvas</p> |
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| Week 9 (11/4) | Culture, Multicultural issues, and Nursing Cultural Competence and Humility | <i>Chapter 11: Multicultural issues in Professional practice</i> | <p>Prior to Class:</p> <ul style="list-style-type: none"> Complete a Cultural competence quiz and bring your assignment to class for further discussion. See Canvas for further instructions. <p>In-Class Activity:</p> <ul style="list-style-type: none"> Review the web page: <p>https://www.aaos.org/ccc/tip_sheets.html</p> <ul style="list-style-type: none"> In groups, select one of the following and develop a role play scenario demonstrating your cultural competence. <p>See further directions on Canvas</p> |
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| Week 10 (11/11) | Political Issues in Nursing & Health Care Policy | <p><i>Read:</i></p> <p><i>Chapter 19 – The Professional Nurse’s Role in Public Policy</i></p> <p><i>Chapter 21 – Development of a Professional Nursing Career</i></p> | <p>Prior to Class:</p> <ul style="list-style-type: none"> Review Healthy People 2020 and CDC link. Select a topic(s) of interest and review prior to class for class activity. <p>In-Class Activity:</p> <ul style="list-style-type: none"> Team up and develop a 1 page editorial on your concept. Be prepared to share in class. <p>See further directions on Canvas</p> |
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| Week 11 (11/18) | Professionalism | <p><i>Read:</i></p> <p><i>Chapter 16 – The Professional</i></p> | <p>Bring laptops to class for in-class activity.</p> <p>In-Class Activity:</p> |

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| | | <p>Nurse's Role in Teaching and Learning</p> <p><i>Chapter 13 – Environmental and Global Health</i></p> | <ul style="list-style-type: none"> Chapter 16, page 441, Question #2 – Online Exploration analysis and discussion. Chapter 13, pg. 337 – In class, research Camden city and identify the overall health of the local community. Develop a concept map listing community resources and plan of action for this community. Present findings in class. <p>See further directions on Canvas</p> |
| Week 12 (11/25) | Social & Economic Issues | <p><i>Read:</i></p> <p><i>Chapter 9 – Health Care Delivery Systems</i></p> <p><i>Chapter 22 – Shaping the Future of Nursing</i></p> | <p>Bring typed copy of assignment to class for sharing and peer review.</p> <p>Part 5 for Peer Review and discussion</p> <p>In-Class Activity:</p> <ul style="list-style-type: none"> Refer to Chapter 22 Group class into sections: <p>Aging population Man made disasters Natural disasters Obesity Advances in genetics Furture scenarios Future nrusing practice</p> <ul style="list-style-type: none"> Answer questions from book related to each section and be prepared to share. <p>See further directions on Canvas</p> |
| Weeks 13 (12/2) and 14 (12/9) | Final presentations | <p>Final Nursing Philosophy Presentation with Peer Review</p> <p>Final Class Evaluation</p> | |