## JAMILLE NAGTALON-RAMOS, EdD, MSN, WHNP-BC, FAANP

# **ACADEMIC AND PROFESSIONAL PREPARATION**

Doctor of Education 2017

University of Pennsylvania Graduate School of Education Philadelphia, PA

Summa Cum Laude

Master of Science in Nursing 2003

University of Pennsylvania School of Nursing Philadelphia, PA

Obstetrics and Gynecology Nurse Practitioner Program

Magna Cum Laude

Bachelor of Science in Nursing 2001 Rutgers University College of Nursing Newark, NJ

Magna Cum Laude

#### **CERTIFICATIONS AND LICENSES**

National Certification Corporation (NCC) – Women's Health Nurse Practitioner (Oct 2024)

Registered Nurse, Pennsylvania (RN 532730) (Oct 2024)

Nurse Practitioner, Obstetrics and Gynecology, Pennsylvania (SP007960) (Oct 2024)

Registered Nurse, New Jersey (26NR10385700) (May 2024)

Prescriptive Authority, Pennsylvania (Oct 2024)

Drug Enforcement Administration license for scheduled medications (Oct 2024)

International Board-Certified Lactation Consultant (2013-2023)

Rutgers-Camden Online Teaching Certification (RCOTC) (Dec 2020)

Online teaching certification, La Salle University (May 2019)

#### **EMPLOYMENT HISTORY**

#### **ACADEMIC POSITIONS**

Assistant Professor, Tenure Track Rutgers University, Camden, NJ

Fall 2019 - ongoing

Research and Teaching Portfolio can be found here: NAGTALON-RAMOS, J. Portfolio

Tenure Track Map can be found here: Tenure Track Portfolio

Courses Taught – Undergraduate & MSN/DNP Programs

Developed and implemented undergraduate women's health low fidelity simulation

705:669: Family Health Theory & Residency: Women and Perinatal (MSN/DNP Program)

705:411: Research and Evidence-Based Practice Nursing

705:336: Seminar in Professional Nursing (Accelerated BSN)

705:302: Nursing of Women and the Childbearing Family, Clinical

705:301: Nursing of Women and the Childbearing Family, Theory

705:105: Seminar in Professional Nursing (Traditional)

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# Academic Service – School of Nursing

AY 2022-Ongoing: Member, 50<sup>th</sup> Anniversary Celebration Planning Committee

AY 2022-2023, 2023-2024: Co-Chair, Long Range Planning Committee

AY 2022-2023, 2023-2024: Baccalaureate Curriculum and Educational Resources

Committee

AY 2021-2022: Faculty Practice Committee

AY 2019-2020, 2020-2021, 2021-2022: Faculty Affairs and Development Committee

AY 2019-2020, 2020-2021: Scholastic Standing Committee

AY 2020-2021: Faculty Search Committee

DNP Project student advisement (2019)

## Academic Service – Rutgers University

Member, Population Health Consortium	AY2024-ongoing
Faculty panel, Roundtable discussion with Mandela Fellows	2022
Diversity, Equity, and Inclusion Committee	2021
Academic integrity facilitator	2020-2021
School of Nursing representative, Taskforce on test-optional admissions	2020
Faculty panel, Student Success Coach Office	2020
Volunteer, Rutgers Camden Filipino League of Innovative Students (RUC-FLIP	S) 2020

# Assistant Professor, Tenure Track La Salle University, Philadelphia, PA

2018-2019

# Courses Taught – Undergraduate, MSN, and DNP Programs

Professional Ethics (Anesthesia DNP Program)

Primary Care of Women

Advanced Nursing Practice for Population-Based Care

Family Nursing: Childbearing Families

Introduction to Nursing Research and Evidence-Based Practice

## **Associate Director and Advanced Senior Lecturer**

2017-2018

Women's Health Nurse Practitioner Program

# University of Pennsylvania School of Nursing, Philadelphia, PA

#### Courses Taught – MSN Program

**Nurse Practitioner Integration** 

Healthcare of Childbearing Women, Clinical

Healthcare of Childbearing Women, Theory

Well Woman Health Care, Clinical

Well Woman Health Care, Theory

Fetal Evaluation

Professional Issues in Midwifery

**Complementary Alternative Therapies** 

Clinical Decision Making in Advanced Nursing Practice

Comparing Health Care Systems in an Intercultural Context: Thailand

# Research Inquiry/Project Advisement

Research/Inquiry-Based Service Residency

Senior Inquiry

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Academic Service – School of Nursing	
Co-Chair, Diversity and Inclusion Advisory Committee	2017-2018
Student awards taskforce	2015-2018
Faculty advisor, Sigma Theta Tau, Xi chapter	
2015-2016	
Diversity and Inclusion Advisory Board	2014-2016
Health Technology Innovation Incubator	2013-2014
Faculty advisor, Asian Pacific American Nursing Student Association	2012-2018
Preceptor appreciation event planning committee	
2009	
Academic Service – University	
Pan Asian American Pacific Islander Faculty Association	2013-2018
Clinical Instructor and Lecturer, Undergraduate Program	2005-2010
University of Pennsylvania School of Nursing, Philadelphia, PA	

#### PROFESSIONAL CLINICAL POSITIONS

## **Women's Health Nurse Practitioner**

2003-ongoing

Department of Obstetrics and Gynecology, Penn Medicine, Philadelphia, PA

(2022 – ongoing) Pennsylvania Hospital; (2003 – 2022) Hospital of the University of PA

Developed the first WHNP hospitalist role in the Department of OBGYN in 2003

Manage the care of patients on postpartum service, working independently and collaboratively with interprofessional staff

Managed the care of high-risk obstetric antepartum patients in the outpatient and inpatient settings (2003 – 2012)

Involved in OB/GYN, family medicine, and emergency medicine resident education Involved in recruitment, on-boarding, and mentorship for advanced practice providers Proficient in Epic/Penn Chart electronic medical record system

Level II Staff Nurse 2001-2003

Penn Medicine, Philadelphia, PA

#### **RESEARCH & GRANTS**

Submitted, January 2023: **Chancellor's Grant for Staff Development** PI: Jamille Nagtalon-Ramos (Results pending)

April 2023: Improving Maternal Outcomes Through Community Doulas PI: Jefferson Health Foundation – New Jersey Co-PI: Jamille Nagtalon-Ramos Grant: South Jersey Institute of Population Health (Awarded, but PI moved institutions. Project paused.)

April 2023: American Association of University Women Fellowship Grant Submitted, not awarded

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February 2023: Sexual and Reproductive Health Knowledge, Attitudes, and Behaviors Among Urban Young Adult Women in the Philippines.

PI: **Jamille Nagtalon-Ramos** Collaborator: Filipino Young Leaders Program (FYLPRO) Grant: Global Health Seed Grant (Awarded, \$10,000)

January 2023: <u>Transfer of Sexual and Reproductive Health Knowledge and Intergenerational Communication between Titas, Aunts, and Aunties and Pamangkins (TITA Dyad Study)</u>

PI: Jamille Nagtalon-Ramos

Grant: Chancellor's Grant for Assistant Professor Development (Awarded, \$19,100)

December 2022: Women's Health and Mental Health Needs Assessment for FilAm Women in (SNJ Pinay Study)

PI: Jamille Nagtalon-Ramos

Collaborators: Rowan University and Philippine Community of Southern NJ Grant: South Jersey Institute of Population Health (Awarded, \$25,000)

May 2022: Intergenerational Communication About Sexual and Reproductive Health Among Filipino American Titas, Aunts, and Aunties (TITA Study)

PI: Jamille Nagtalon-Ramos

Grant: Sigma Theta Tau Eta Mu Chapter (Awarded, \$1,000)

April 2022: Contraceptive Understanding Among Filipino American Women of Reproductive Age (UNAWA Study)

PI: Jamille Nagtalon-Ramos

Grant: The Philippine Nurses Association of America (Awarded, \$2,500)

May 2020: Pregnant nurses' knowledge, attitudes, self-efficacy, and perceptions of risk related to occupational exposure to the novel coronavirus (COVID-19) infection

PI: Jamille Nagtalon-Ramos | Co-Investigator: Cynthia Ayres and Angela Kelly

January 2020: Sexual and Reproductive Health Among College-Age Filipina American Women PI: **Jamille Nagtalon-Ramos** | Co-Investigator: Cynthia Ayres Grantor: Rutgers University Provost Catalyst Grant (Awarded, \$5,000)

September 2019: Rutgers University School of Nursing Research Seed Grant (Awarded, \$5,000)

Postpartum Group Education

PI: Jamille Nagtalon-Ramos

Grantor: Bedsider and the National Association of Nurse Practitioners in Women's Health (Awarded, \$13,000)

Factors Affecting Graduate Degree Pursuit for BSN-Prepared Filipino and Filipino American Nurses Working in the United States (Dissertation)

PI: Jamille Nagtalon-Ramos

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#### PEER-REVIEWED JOURNAL ARTICLES

- **Nagtalon-Ramos**, **J.** & Noblejas, S. (2024). Mentorship matters: Supporting and growing the Asian American Pacific Islander women's health nurse practitioner pipeline. *Women's Healthcare*. doi:10.51256/WHC022431
- **Nagtalon-Ramos**, **J.**, Reymann, K., & Wood, A. (Preprint, February 7, 2024). Navigating postpartum contraceptive options for primary care providers. *Journal for Nurse Practitioners*. http://dx.doi.org/10.2139/ssrn.4712682
- Ramos, L.G., Savage, K., Koller, R., Davis, B., & **Nagtalon-Ramos**, **J.** (Accepted, pending publication March 2024). Male nursing students' first-semester perspectives. *Imprint*.
- **Nagtalon-Ramos, J.** & Ramos, L. (Accepted, pending publication March/April 2024). Inheriting a Tradition of Care: Nurturing Nursing Legacies Across Generations. Nursing Economic\$
- Carbone, C., **Nagtalon-Ramos**, J. & Straka, H. (Accepted, pending publication March/April 2024). WHNP role in the labor and delivery triage unit: Insights from the Northeast. *Women's Healthcare*.
- Pravdo, K. & **Nagtalon-Ramos**, **J.** (Under review, February 2024). Early pregnancy loss: A comprehensive approach for nurse practitioners. *Journal for Nurse Practitioners*.
- Demanarig, D., Sabado-Liwag, M., Divino, L., **Nagtalon-Ramos, J.**, Heyrana, K., and Javier, J. (2023). An interdisciplinary critical lens on the herstorical contributions and health outcomes among Filipinx American women. *Asian American Journal of Psychology*. https://doi.org/10.1037/aap0000327
- Nagtalon-Ramos, J., & Curry, K. (2023). Legacy and utang na loob: How geopolitics and culture have shaped the lives and careers of Filipino American nurses. *Journal of the American Association of Nurse Practitioners*, 35(5), 273-275. <a href="https://doi.org/10.1097/JXX.0000000000000861">https://doi.org/10.1097/JXX.00000000000000861</a>
- Nagtalon-Ramos, J.,\* Ayres, C., & Faught, B. (2022). Sexual and reproductive health knowledge, attitudes, and self-efficacy among college-age Filipino American women. *Journal of Transcultural Nursing*, 33(5), 576-584. https://doi.org/10.1177/10436596221107600
- Nagtalon-Ramos, J., Noblejas, S., & Bergbower, H. (2022). Breastfeeding complications in a Filipino American patient. *Women's Healthcare, 10*(3), 41-44. <a href="https://www.npwomenshealthcare.com/breastfeeding-complications-in-a-filipino-american-patient/">https://www.npwomenshealthcare.com/breastfeeding-complications-in-a-filipino-american-patient/</a>
- **Nagtalon-Ramos**, J. (2022). Women hold up half the sky: At What Cost? *Nursing Economic\$*, 40 (2). 57-58. http://www.nursingeconomics.net/necfiles/2022/MA22/57.pdf

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- Nagtalon-Ramos, J., Reymann, K., & Wood, A. (2022). Development of the WHNP postpartum hospitalist role: perspectives from Philadelphia. *Women's Healthcare*, 10(1), 22–31. <a href="https://www.npwomenshealthcare.com/development-of-the-whnp-postpartum-hospitalist-role-perspectives-from-philadelphia/">https://www.npwomenshealthcare.com/development-of-the-whnp-postpartum-hospitalist-role-perspectives-from-philadelphia/</a>
- Nagtalon-Ramos, J.\* (2020). *Pakikipagkapwa* and *Utang na Loob*: The influence of family and culture on graduate degree attainment among Filipino American nurses. *Journal of Nursing Practice Applications and Reviews of Nursing Research*, 10(1), 56 66. https://doi.org/10.13178/jnparr.2020.10.01.1007
- Tyler, S., & **Nagtalon-Ramos**, **J.** (2015). Managing nausea and vomiting of pregnancy. *Women's Healthcare*, *13*(2), 7-13. <a href="https://www.npwomenshealthcare.com/managing-nausea-and-vomiting-vol3-no2/">https://www.npwomenshealthcare.com/managing-nausea-and-vomiting-vol3-no2/</a>
- Yehuda, I., **Nagtalon-Ramos**, J., & Trout, K. (2011). Fetal growth scans and amniotic fluid assessments in pregestational and gestational diabetes. *Journal of Obstetric Gynecological and Neonatal Nursing*, 40, 603-616. <a href="https://doi.org/10.1111/j.1552-6909.2011.01283.x">https://doi.org/10.1111/j.1552-6909.2011.01283.x</a>
- **Nagtalon-Ramos J**. (2011). Counseling pregnant patients at high risk for a preterm birth. *Women's Healthcare*, *10*(9), 21-27.

\*Data-based

#### **BOOKS**

**Nagtalon-Ramos, J.** & Escobar, M. (In progress). *Midwifery & women's health nurse practitioner certification review guide* (6th ed.). Jones and Bartlett Learning.

Nagtalon-Ramos, J. (2023). Sinigiggles: A special sinigang recipe. Kuwentuhan Books.

Kelsey, B., & **Nagtalon-Ramos**, **J.** (2021). *Midwifery & women's health nurse practitioner certification review guide* (5th ed.). Jones and Bartlett Learning.

Kelsey, B., & **Nagtalon-Ramos**, **J.** (2018). *Midwifery & women's health nurse practitioner certification review guide* (4th ed.). Jones and Bartlett Learning.

Kelsey, B., & **Nagtalon-Ramos**, **J.** (2015). *Midwifery & women's health nurse practitioner certification review guide* (3rd ed.). Jones and Bartlett Learning.

**Nagtalon-Ramos**, **J**. (2014). Best evidence-based practices: Maternal-newborn nursing care. FA Davis.

#### **BOOK CHAPTERS**

**Nagtalon-Ramos**, **J**. & Convery. K. (2023). Postpartum and lactation care. In L. Ferguson & K. Ellington. *Ferguson: Women's Health in Primary Care*. (1<sup>st</sup> ed.). Elsevier.

LaMarr-Suggs, M. & **Nagtalon-Ramos**, **J.** (2023). Pregnancy. In L. Ferguson & K. Ellington. *Ferguson: Women's Health in Primary Care*. (1<sup>st</sup> ed.). Elsevier.

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**Nagtalon-Ramos**, **J.**, Bergbower, H., & Noblejas, S. (2023). Lactation assessment and management. In R. M. Secor & A.C. Holland. *Advanced health assessment of women* (5<sup>th</sup> ed.). Springer Publishing.

#### **POSITION STATEMENTS & NATIONAL GUIDELINES**

Member, Editorial Taskforce

2023

## **Association of Women's Health Obstetric and Neonatal Nurses**

Charged with revising the *Ultrasound Examinations Performed by Registered Nurses in Obstetric, Gynecologic, and Reproductive Medicine Settings: Clinical Competencies and Education Guide* (5th Edition) https://doi.org/10.1016/j.jogn.2022.10.003

Member, Writing Taskforce

2022

## **National Association of Nurse Practitioners in Women's Health**

Charged to develop National Association of Nurse Practitioners in Women's Health White Paper: The Essential Role of WHNPs

Member, Writing Group

2019

## **National Association of Nurse Practitioners in Women's Health**

Charged to develop Eliminating Preventable Maternal Deaths

Member, Writing Taskforce

2018

#### **American Institute of Ultrasound in Medicine**

Practice parameter for the performance of limited obstetric ultrasound examinations by advanced clinical providers. *J Ultrasound Med*, 37, 1587-1596. https://onlinelibrary.wiley.com/doi/10.1002/jum.14677

Member, Editorial Taskforce

2016

## Association of Women's Health, Obstetric and Neonatal Nurses

Charged with revising *Ultrasound Examinations Performed by Registered Nurses in Obstetric, Gynecologic, and Reproductive Medicine Settings: Clinical Competencies and Education Guide* (4th Edition)

Member, Editorial Taskforce

2014

# Association of Women's Health Obstetric and Neonatal Nurses and National Association of Nurse Practitioners in Women's Health

Charged with revising *Women's Health Nurse Practitioner Guidelines for Practice and Education* (7th Edition)

Member, Validation Panel

2014

# **National Association of Clinical Nurse Specialists**

Charged with revising Women's Health/Gender Specific CNS Competencies for Practice and Education

Member, Editorial Taskforce

2013

# **National Organization of Nurse Practitioner Faculties**

Charged with revising the *Population-Focused Women's Health Nurse Practitioner Educational Competencies* 

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## Association of Women's Health, Obstetric and Neonatal Nurses

Charged with revising the *Ultrasound Examinations Performed by Registered Nurses in Obstetric, Gynecologic, and Reproductive Medicine Settings: Clinical Competencies and Education Guide* (3rd Edition)

### **PRESENTATIONS**

#### INTERNATIONAL – Peer-Reviewed

**Nagtalon-Ramos, J.** & Sabado-Liwag, M. (Accepted, pending presentation July 2024). *Filipino American titas tackling sexual and reproductive health intergenerational traumas and taboos: A qualitative study.* [Oral presentation]. Sigma Theta Tau 35<sup>th</sup> International Nursing Research Congress, Singapore

**Nagtalon-Ramos, J.** & Ayres, C. (2022, July 22). Sexual and reproductive health knowledge, attitudes, and self-efficacy among college-age Filipino American women. [Oral presentation]. Sigma Theta Tau 33<sup>rd</sup> International Nursing Research Congress, Edinburgh, Scotland.

#### **NATIONAL – Peer-Reviewed**

**Nagtalon-Ramos**, **J.**, Noblejas, S., & Min, M. (Accepted, pending presentation April 2024). *Exploration of contraceptive understanding and use among Filipino American women of reproductive age.* [Poster presentation]. Eastern Nursing Research Society. Boston, MA.

**Nagtalon-Ramos**, **J.** & Mauricio, R. (Accepted, pending presentation June 2024). *Nurse practitioners as key partners in addressing Filipino American health disparities*. [Podium presentation] American Association of Nurse Practitioners. Nashville, TN.

**Nagtalon-Ramos**, **J.** & Sabado-Liwag, M. (2023, November 13). *Transfer of sexual and reproductive health knowledge and intergenerational communication with Filipino American titas, aunts, and aunties (TITA study).* [Poster presentation]. American Public Health Association. Atlanta, GA.

**Nagtalon-Ramos, J.** & Feldman, H. (2023, November 11). *Being Bold and Deaf: Inclusive Educational Initiatives to Support an Asian American Nursing Student.* [Pecha Kucha oral presentation]. Sigma Theta Tau 47<sup>th</sup> Biennial Convention. San Antonio, TX.

**Nagtalon-Ramos, J.** (2022, November 6). "Just Don't Do It": Sexual and Reproductive Health Among College-Age Filipino American Women. [Poster presentation]. American Public Health Association. Boston, MA.

**Nagtalon-Ramos, J.** (2022, June 27). *Intractable Nausea and Vomiting and a Compulsive Need for Hot Showers: A Case Study of Cannabinoid Hyperemesis Syndrome in a Postpartum Patient.* [Virtual poster presentation]. Association of Women's Health Obstetric and Neonatal Nurses Annual Convention, Aurora, Colorado.

**Nagtalon-Ramos, J.** (2021, March 26). *Pakikipagkapwa* and *Utang na Loob*: The influence of family and culture in graduate degree attainment among Filipino American nurses. [Virtual oral presentation]. Eastern Nursing Research Society.

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**Nagtalon-Ramos**, **J.** (2021, February 21). *Advocating for the workforce: a focus on Filipino American nurses' pursuit of graduate education*. [Virtual oral presentation]. Sigma Theta Tau: Creating Healthy Work Environments. Austin, TX.

**Nagtalon-Ramos**, **J**. (2018, July 26). *How are we going to help our pipeline?* [Podium presentation]. Advanced Practice Nursing Forum at the Philippine Nurses Association of America National Conference, Jersey City, NJ, United States.

**Nagtalon-Ramos, J.** (2018, July 13). How the push and pull of family and cultural traditions affect educational attainment for Filipino American nurses. [Podium presentation]. Filipino American National Historical Society 17th Biennial Conference, Chicago, IL.

**Nagtalon-Ramos, J.** (2014, June 21). *Providing effective contraception in the postpartum period utilizing the CDC U.S. Medical Eligibility Criteria.* [Poster presentation]. American Association of Nurse Practitioners Annual National Conference, Nashville, TN.

**Nagtalon-Ramos**, **J.** (2014, June 17). *Providing effective postpartum contraceptive counseling*. [Podium presentation]. Association of Women's Health Obstetric and Neonatal Nurses Annual Convention, Orlando, FL.

#### UNIVERSITY - Peer-Reviewed

**Nagtalon-Ramos, J.** (2023, May 3,). *Intergenerational Communication About Sexual and Reproductive Health Among Filipino American Titas, Aunts, and Aunties: The TITA Study.* [Podium presentation]. Research Symposium. Rutgers University. Camden, NJ.

**Nagtalon-Ramos, J.** (2022, April 6). *Just Don't Do it:* Sexual and Reproductive Health Knowledge, Attitudes, and Self-Efficacy Among College-Age Filipino American Women. [Podium presentation]. Research Symposium. Rutgers University. Camden, NJ.

## **INTERNATIONAL – Invited Speaker**

**Nagtalon-Ramos, J.** (2023, December 12). *Filipino American perspectives on sexual and reproductive health*. [Virtual presentation]. Philippine Society of Sexual and Reproductive Health Nurses.

**Nagtalon-Ramos, J.** (2022, June 13). *Care economy: A focus on Filipino & Filipino American care workers*. [Virtual presentation]. Gender Equity Learning Exchange Fellowship Forum. Apolitical & Robert Wood Johnson.

**Nagtalon-Ramos**, **J.** (2021, July 17). *Burnout and resilience: Caring for yourself and your kapwa*. [Virtual presentation]. Saint Louis University Nursing International Alumni Association.

**Nagtalon-Ramos, J.** (2017, August 23). Factors affecting graduate degree pursuit for BSN-prepared Filipino and Filipino American nurses working in the United States. [Oral presentation]. University of the Philippines, College of Nursing, Manila, Philippines.

**Nagtalon-Ramos, J.** (2010, July 23). *Postpartum complications*. [Podium presentation]. University of the Philippines, College of Nursing, Manila, Philippines.

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**Nagtalon-Ramos**, **J.** (2010, July 23). *Advance practice nursing in the United States*. [Podium presentation]. University of the Philippines, College of Nursing, Manila, Philippines.

#### NATIONAL – Invited

**Nagtalon-Ramos**, **J**. (2023, August 26). Book discussion of *Sinigiggles: A Special Sinigang Recipe*. Boston Filipino American Book Club. [Virtual presentation].

Alleyne, D., Dickens, J., McCamey, D., **Nagtalon-Ramos, J.,** & Todd, B. (2023, June 23). *Advancing health equity through PEARL.* [Podium presentation]. American Association of Nurse Practitioners, New Orleans, LA.

**Nagtalon-Ramos**, **J.** (2022, December 14). *Nurse practitioners: role and professional scope*. [Virtual podium presentation]. Grand Rounds at George Washington University, Department of Obstetrics and Gynecology, Washington, D.C.

**Nagtalon-Ramos, J.** (2022, December 2). Journal discussion of article: *Sexual and reproductive health knowledge, attitudes, and self-efficacy among college-age Filipino American women.* Boston Filipino American Book Club. [Virtual presentation].

**Nagtalon-Ramos, J.** (2022, October 1). *OB Ultrasound Basics for the WHNP*. [Podium presentation]. National Association of Nurse Practitioners in Women's Health 25th Annual Conference, Houston, TX.

**Nagtalon-Ramos, J.**, Dumas, M.A., & Seibert, D. (2022, June 24). *Make your best first impression: leveraging your CV as part of your professional portfolio*. [Podium presentation]. American Association of Nurse Practitioners, Orlando, FL.

Pettker, C. & **Nagtalon-Ramos**, **J.** (2022, May 13). *Building a strategy and team to prioritize equity and anti-bias/ racism work in your organization*. [Virtual panel presentation]. Using Quality Improvement and Safety Science to Eliminate Pregnancy-Related Racial and Ethnic Health Inequities. Society for Maternal Fetal Medicine's virtual multi-disciplinary course.

Hoy, A., Kalin, C., & **Nagtalon-Ramos**, **J.** (2022, January 14). *The pandemic and social change: ageism and other disparities*. [Virtual panel presentation]. Higher Education Leadership Conference. University of Pennsylvania Graduate School of Education. Philadelphia, PA.

**Nagtalon-Ramos**, **J.** (2021, September 24). *Inclusive lactation care for LGBTQ and BIPOC communities*. [Podium presentation]. American Association of Nurse Practitioners. Hollywood, FL.

**Nagtalon-Ramos**, **J.** (2021, September 24). *The NP's role in optimizing maternal care for BIPOC*. [Podium presentation]. American Association of Nurse Practitioners. Hollywood, FL.

**Nagtalon-Ramos**, **J.** (2020, November 13). *Using FlipGrid as an innovative strategy to teach therapeutic communication skills to nursing students*. [Virtual oral presentation]. Rutgers University eLearning Conference, Camden, NJ.

**Nagtalon-Ramos, J.** (2020, October 17). *Promoting inclusive lactation practices*. [Podium presentation moved to virtual due to COVID]. National Association of Nurse Practitioners in Women's Health 23rd Annual Conference, Anaheim, CA.

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Faught, B., Hawn, J., Larson, S., **Nagtalon-Ramos, J**., and Quaile, H. (2019, October 18). *Specialty certifications: Which one is right for me?* [Podium presentation]. National Association of Nurse Practitioners in Women's Health 22nd Annual Conference, Savannah, GA.

**Nagtalon-Ramos**, **J.** (2019, July 25). *Contraceptive choices in women with underlying conditions*. [Podium presentation]. Advanced Practice Nursing Forum at the Philippine Nurses Association of America National Convention, Atlanta, GA.

**Nagtalon-Ramos, J.**, and Portell, Melissa. (2018, October 12). *WHNP hospitalist role: A not-so-new emerging role*. [Podium presentation]. National Association of Nurse Practitioners in Women's Health 21st Annual Conference, San Antonio, TX.

**Nagtalon-Ramos, J.** (2018, October 12). *Promoting safe motherhood: Preventing and managing postpartum hemorrhages.* [Podium presentation]. National Association of Nurse Practitioners in Women's Health 21st Annual Conference, San Antonio, TX.

**Nagtalon-Ramos, J.** (2018, October 12). *The Milky Way: Breastfeeding Cases.* [Podium presentation]. National Association of Nurse Practitioners in Women's Health 21st Annual Conference, San Antonio, TX.

**Nagtalon-Ramos**, **J.**, Bromley, B., & Hawn, J. (2017, October 11). *Limited obstetrical ultrasound for the nurse practitioner in women's health*. [Podium presentation]. National Association of Nurse Practitioners in Women's Health 20<sup>th</sup> National Conference, Seattle, WA.

**Nagtalon-Ramos, J.** (2017, October 13). *Breastfeeding guidelines and management.* [Podium presentation]. National Association of Nurse Practitioners in Women's Health 20th Annual Conference, Seattle, WA.

**Nagtalon-Ramos, J.** (2017, September 21). *Nutrition during pregnancy: Good for mother, good for baby.* [Podium presentation]. Women's Health and OB/GYN Care, Contemporary Forums, Washington, DC.

**Nagtalon-Ramos**, **J.** (2017, September 21). *Optimizing postpartum health and patient-centered care for breastfeeding moms*. [Podium presentation]. Women's Health and OB/GYN Care, Contemporary Forums, Washington, DC.

**Nagtalon-Ramos, J.** (2016, September 30). *Nutrition in pregnancy.* [Podium presentation]. National Association of Nurse Practitioners in Women's Health 19th Annual Conference, New Orleans, LA.

**Nagtalon-Ramos**, **J.** (2014, August 3). *There's an app for that: Technology improving clinical practice*. [Podium presentation]. National Reproductive Health Title X Conference, Orlando, FL.

**Nagtalon-Ramos**, **J.** (2014). *Improving clinical practice through technology: There's an app for that!* [Podium presentation]. Texas Department of State Health Services – Community Health Services Conference, Austin, TX.

**Nagtalon-Ramos, J.** (2013, August 28). *There's an app for that: Technology improving clinical practice.* [Podium presentation]. National Association of Nurse Practitioners in Women's Health Annual Conference, San Diego, CA.

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## **REGIONAL – Invited Speaker**

**Nagtalon-Ramos, J.** (2023, October 26). *Sinigiggles* book reading with 7<sup>th</sup> grade students at Glen Landing Middle School. Gloucester Township, NJ.

**Nagtalon-Ramos, J.** (2019, August 10). *Career advancement and breaking the bamboo ceiling.* [Podium presentation]. Philippine Nurses Association of New Jersey, Middlesex Chapter, New Brunswick, NJ.

**Nagtalon-Ramos**, **J.** (2016, November 19). *Bridging the gap: Baby Boomers, Gen X, and the Millennials*. [Podium presentation]. Breakthrough in Healthcare in the 21st Century, Philippine Nurses Association of New Jersey, Middlesex Chapter, New Brunswick, NJ.

# **UNIVERSITY – Invited Speaker**

**Nagtalon-Ramos**, **J.** & Feldman, H. (2023, November 15). being bold and deaf: Inclusive educational initiatives to support an Asian American nursing student. [Virtual presentation]. Rutgers Access and Disability Resources and Rutgers Camden Office of Disability Professional Development Continuing Education and Career Training Sessions.

**Nagtalon-Ramos**, **J.** (2022, October 25). Faculty speaker. Lunch and Learn: *Reinvigorating student engagement in learning*. [Podium presentation]. Rutgers University. Camden, NJ.

**Nagtalon-Ramos, J.** (2022, September 8). Faculty speaker. Rutgers Camden Inaugural Convocation. [Podium presentation]. Rutgers University. Camden, NJ.

**Nagtalon-Ramos, J.** (2022, January 13). *Research resilience during a pandemic.* [Virtual presentation]. Rutgers University. Camden, NJ.

**Nagtalon-Ramos**, **J.** (2021, April 14). *Anti-Asian American and Pacific Islander forum*. [Virtual presentation]. Department of Obstetrics and Gynecology. Penn Medicine. Philadelphia, PA.

**Nagtalon-Ramos, J.** (2021, March 26). *Practicing cultural humility.* [Virtual presentation]. Penn Minority Nursing Organization. University of Pennsylvania School of Nursing, Philadelphia, PA.

**Nagtalon-Ramos**, **J.** (2020, September 17). Student Success Faculty Panel. [Virtual presentation]. Rutgers University. Camden, NJ.

**Nagtalon-Ramos**, **J.** (2012). *Cultural obstetrical practices in Asian women*. [Podium presentation]. University of Pennsylvania Health System Women's Health Symposium. Philadelphia, PA.

**Nagtalon-Ramos**, **J.** (2011). *Intersection of culture and obstetrics*. [Podium presentation]. 3rd Biennial Cultural Competence Committee Symposium. University of Pennsylvania Health System, Philadelphia, PA.

**Nagtalon-Ramos, J.** (2009). *Intersection of culture and obstetrics.* . [Podium presentation]. 2nd Biennial Cultural Competence Committee Symposium. University of Pennsylvania Health System, Philadelphia, PA.

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#### **WEBINARS**

**Nagtalon-Ramos, J.** (2020, October 13). *Providing care in the 4<sup>th</sup> trimester.* National Clinical Training Center for Family Planning. Virtual Coffee Break.

Andy, U., Faught, B., & **Nagtalon-Ramos**, **J.** (2019, June 6). Sex ed for adults. University of Pennsylvania School of Nursing, Philadelphia, PA.

# PODCAST, RADIO, & YOUTUBE INTERVIEWS

McCammon, S. (2023, August 7). *Patients are hopeful about a new pill approved to treat postpartum depression.* [Radio broadcast]. National Public Radio. <a href="https://www.npr.org/2023/08/07/1192432586/patients-are-hopeful-about-a-new-pill-approved-to-treat-postpartum-depression">https://www.npr.org/2023/08/07/1192432586/patients-are-hopeful-about-a-new-pill-approved-to-treat-postpartum-depression</a>

Villavicencio Pulliam, M. (2023, February 21). *Episode 2: Filipina Women and Reproductive Health* [Video]. Fierce Filipina: The YouTube Channel. <a href="https://youtu.be/\_9wk3xVTepQ">https://youtu.be/\_9wk3xVTepQ</a>

Ramos, M. & Ofiana, M. (2021, October 7). Philippine Nurses Association of America. COVID vaccine and the related issues surrounding pregnancy, lactation, and implications on women of childbearing age. (No. 1) [Audio podcast episode]. In *PNAA RISE UP: Real Issues and Stories of Every One of Us Podcast*. <a href="https://podcasts.apple.com/us/podcast/rise-up-real-issues-and-stories-of-everyone-of-us/id1588979579?i=1000537798085">https://podcasts.apple.com/us/podcast/rise-up-real-issues-and-stories-of-everyone-of-us/id1588979579?i=1000537798085</a>

Wolters Kluwer Health. (2021, October 1). Filipino American Nurses. In *The Nurse Practitioner*. [Audio podcast episode]. <a href="https://podcasts.apple.com/us/podcast/filipino-american-nurses/id1473463798?i=1000553320386">https://podcasts.apple.com/us/podcast/filipino-american-nurses/id1473463798?i=1000553320386</a>

Jamera, J. (Host) (2021, August 11). Why are there so many Filipino nurses? And why don't they hold more executive roles? (No.7) [Audio podcast episode]. In *Your Mind; Your Narrative*. <a href="https://podcasts.apple.com/us/podcast/why-are-there-so-many-filipino-nurses-and-why-dont/id1559481881?i=1000531707802">https://podcasts.apple.com/us/podcast/why-are-there-so-many-filipino-nurses-and-why-dont/id1559481881?i=1000531707802</a>

#### **MEDIA COVERAGE**

O'Donnell, A. (2023, October 25). School of Nursing Professor Highlights Filipino American Experience in New Children's Book. *Rutgers Today*. <a href="https://stories.camden.rutgers.edu/school-of-nursing-professor-highlights-filipino-american-nursing-nursi

experience-in-new-childrens-book/index.html

Treisman, R. (2023, August 10). What we know — and don't know — about the FDA-approved postpartum depression pill. NPR. <a href="https://www.npr.org/2023/08/08/1192665598/postpartum-depression-pill-zurzuvae">https://www.npr.org/2023/08/08/1192665598/postpartum-depression-pill-zurzuvae</a>

Miller, K. (2023, August 8). A *pill for postpartum depression is coming soon; here's what to know.* POPSUGAR. <a href="https://www.popsugar.com/fitness/zuranolone-postpartum-depression-pill-49246610">https://www.popsugar.com/fitness/zuranolone-postpartum-depression-pill-49246610</a>

Petzold, J. (2023, May 10). Nursing Across Cultures. *Rutgers Today*. <a href="https://stories.camden.rutgers.edu/nursing-across-cultures/">https://stories.camden.rutgers.edu/nursing-across-cultures/</a>

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Manila Bulletin. (2022, December 17). GMA Pinoy TV hosts Fil-Am leaders for Thanksgiving, Network visit. <a href="https://mb.com.ph/2022/12/17/gma-pinoy-tv-hosts-fil-am-leaders-for-thanksgiving-network-visit/">https://mb.com.ph/2022/12/17/gma-pinoy-tv-hosts-fil-am-leaders-for-thanksgiving-network-visit/</a>

O'Donnell, A. (2022, November 1). A Cry for Help: Rutgers—Camden Nursing Professor Provides Solutions to Philippines Teen Pregnancy Crisis. *Rutgers Today*. https://stories.camden.rutgers.edu/a-cry-for-help/index.html

Inquirer.net. (2022, October 21). FYLPRO names delegates to '22 PH immersion program. https://usa.inquirer.net/113976/fylpro-names-delegates-to-22-ph-immersion-program

Petzold, D. (2022, September 9). Rutgers University–Camden begins new tradition with inaugural fall convocation. <a href="https://camden.rutgers.edu/news/rutgers-university-camden-begins-new-tradition-inaugural-fall-convocation">https://camden.rutgers.edu/news/rutgers-university-camden-begins-new-tradition-inaugural-fall-convocation</a>

Burns, K. (2022, September 8). Rutgers-Camden holds new tradition to welcome students old and new. <a href="https://whyy.org/articles/nj-rutgers-camden-first-ever-convocation/">https://whyy.org/articles/nj-rutgers-camden-first-ever-convocation/</a>

#### PROFESSIONAL MEMBERSHIPS

Filipino Young Leadership Program Eastern Nursing Research Society International Society for the Study of Women's Sexual Health American Nurses Association New Jersey State Nurses Association Filipino American National Historical Society Philippines Nurses Association of America American Association of Nurse Practitioners American College of Obstetricians and Gynecologists Association of Women's Health, Obstetric and Neonatal Nurses National League for Nursing National Association of Nurse Practitioners in Women's Health National Organization of Nurse Practitioner Faculties Sigma Theta Tau	2022-ongoing 2020-ongoing 2020-ongoing 2020-ongoing 2020-ongoing 2018-lifetime 2016-ongoing 2013-ongoing 2010-ongoing 2010-ongoing 2010-ongoing 2010-ongoing 2011-2018 2001-ongoing
Journal of Obstetrics and Gynecologic Neonatal Nursing and Nursing for Women's Health Editorial Fellowship Association of Women's Health, Obstetric and Neonatal Nurses	2024
Gender Equity and Learning Exchange Fellow Apolitical & Robert Wood Johnson	2022
Engaged Civic Learning Faculty Fellow Rutgers University – Camden	2021
Fellow of the American Association of Nurse Practitioners American Association of Nurse Practitioners	2019

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# **AWARDS AND HONORS**

Inspiration Award for Education National Association of Nurse Practitioners in Women's Health	2023
Nominee, New Jersey CARES Award, Education Category Institute for Nursing, The Foundation for the New Jersey State Nurses Association	2023
Filipino Young Leaders Program FYLPRO, Philippine Embassy, and the Ayala Foundation	2022
Chancellor's Award for Excellence in Teaching Rutgers University – Camden	2022
Outstanding Nurse Educator Rutgers University School of Nursing – Camden	2022
Open Access Textbook Award Rutgers University – Camden	2022
Honoree, Nurse Educator of the Year Philippine Nurses Association of New Jersey	2021
Open Access Textbook Award Rutgers University – Camden	2021
Dean's Award for Undergraduate Advising University of Pennsylvania School of Nursing, Philadelphia, PA	2016
Nominee, Barbara Todd Inaugural Leadership Award Department of Advanced Practice Hospital of the University of Pennsylvania	2014
Rising Star Award Rutgers University School of Nursing, Newark, NJ	2014
Award for Teaching Excellence by Non-Standing Faculty University of Pennsylvania School of Nursing, Philadelphia, PA	2014
Education and Mentorship Award Philadelphia Tri-State Area GEM Awards, Nurse.com	2014
3rd Place, Book of the Year Award, Child Health Category American Journal of Nursing	2013
Award for Teaching Excellence, Family and Community Health Division University of Pennsylvania School of Nursing, Philadelphia, PA	2013
Alumni Award for Clinical Excellence University of Pennsylvania School of Nursing, Philadelphia, PA	2012

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# PROFESSIONAL SERVICE ACTIVITIES

Journal of Immigrant and Minority Health

Journal of Racial and Ethnic Health Disparities

Reviewer, Peer-Reviewed Journal

BOARD OF DIRECTORS	
Member-at-Large, Board of Directors Filipinx/o/a Community Health Association (Fil-CHA)	2022-ongoing
Editorial Advisory Board Member Women's Healthcare Journal	2022-ongoing
Treasurer, Executive Committee 2020, 2021-2023, elected for Fellows of the American Association of Nurse Practitioners	2 <sup>nd</sup> term, 2023-2025
Member, Board of Directors, Penn Nursing Alumni Board University of Pennsylvania School of Nursing, Philadelphia, PA Chair, Events and Outreach	2017-2019
Member, Board of Directors  Pan-Asian American Community House  University of Pennsylvania, Philadelphia, PA	2015-2018
Member, Board of Directors  National Association of Nurse Practitioners in Women's Health Member, Executive Committee, 2014-2018 Secretary of the Board, 2014-2018 Chair, WHNP Academic Leadership Committee, Jan 2018-Dec 2018 Chair, Membership Committee, 2011-2013 Member, 17th Conference Planning Committee, 2014 Chair, 16th Annual Conference, 2013 Co-Chair, 15th Annual Conference, 2012	2010-2018
Member, Board of Directors, Secretary, and Communications Chair Rutgers University College of Nursing Alumni Board	2011-2013
NATIONAL SERVICE	
Member [Invited position], Diversity, Equity, and Inclusion Committee International Society for the Study of Women's Sexual Health	2023-ongoing
Member [Invited position], Diversity, Equity, and Inclusion Committee American Association of Nurse Practitioners	2022-ongoing
Member, Sexual Medical Advocacy Group International Society for the Study of Women's Sexual Health	2022-ongoing
Reviewer, Peer-Reviewed Journal	2022-ongoing

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2022-ongoing

Faculty, WHNP Exam Review Course, Update  National Association of Nurse Practitioners in Women's Health, Washington  Module #1: Normal Obstetrics & Module #4: High-Risk Obstetrics	2021 , <b>DC</b>
Reviewer, Textbook Ricci, S. (2020). Essentials of Maternity, Newborn, and Women's Health Nurs Wolters Kluwer.	2020 sing (5 <sup>th</sup> ed).
Reviewer, National conference abstract proposals  American Association of Nurse Practitioners	2020-ongoing
Reviewer, Peer-Reviewed Journal Journal of Nursing Practice Applications and Reviews of Nursing Research	2019-ongoing
Member, Advanced Practice Committee Philippine Nurses Association of New Jersey	2019-2020
Reviewer, Peer-Reviewed Journal  Women's Healthcare: A Clinical Journal for Nurse Practitioners	2018-ongoing
Member, Pennsylvania Action Committee, Nurse Diversity Council National Nurse-Led Care Consortium	2018-2021
Secretary, Advanced Practice Nurses Forum	2018-2020
Philippine Nurses Association of America Member, Maternal Mental Health Collaborative American College of Obstetricians and Gynecologists, Washington, DC	2017-2018
Faculty, WHNP Exam Review Course, Update National Association of Nurse Practitioners in Women's Health, Washington Module #1: Normal Obstetrics & Module #4: High-Risk Obstetrics	2018 a, <b>DC</b>
Member, Events and Outreach Committee Penn Nursing Alumni Board, University of Pennsylvania School of Nursing, PA	2017-2021 Philadelphia,
Member, Community Engagement Committee The Power of Penn Fund Raising Campaign, University of Pennsylvania, Phi	2017-2019 Iladelphia, PA
Member, Women Preventative Services Initiative Implementation Steering Committee American College of Obstetricians and Gynecologists, Washington, DC	2017-2018
Member, Presidential Task Force on Redefining the Postpartum Visit, <b>American College of Obstetricians and Gynecologists, Washington, DC</b> Charged to develop <i>ACOG Committee Opinion No. 736: Optimizing Postpartum</i>	2018 Care (2018)
Reviewer, Book of the Year Awards  **American Journal of Nursing**	2016

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Faculty, WHNP Exam Review Course

2015

## **National Association of Nurse Practitioners in Women's Health**

Module #1: Normal Obstetrics, Module #3: Obstetric Complications Module #4: High-Risk Obstetrics. & Module #5: Infectious Disease

Content expert and script writer

2015

# Association of Women's Health, Obstetric and Neonatal Nurses and the Arc Foundation Fetal Alcohol Spectrum Disorder Prevention Video Series

Busting the Myth of the Pregnant Nurse, Routine GYN Exam, Prenatal Visit

Lead Advisor, Student Leadership Program

2014, 2015, 2018, 2019

National Association of Nurse Practitioners in Women's Health, Washington, DC

Visiting Faculty,

2010

The Faculté des Sciences Infirmières de l'Université Episcopale d'Haïti, Leogane, Haiti

# **REGIONAL SERVICE**

Health Equity Committee

2020-ongoing

New Jersey Section, Association of Women's Health Obstetrics and Neonatal Nurses

#### **COMMUNITY SERVICE – International**

# **Bayanihan Bracelets Fund Raising Project**

2013-2014

Organizer for international fund raiser for the Philippines in response to Typhoon Haiyan/Yolanda.

Raised over \$6,500 to purchase seven fishing boats for local fishermen and hundreds of meals in the province of Iloilo through Negrense Volunteers for Change, a community-based organization in the Philippines

## **COMMUNITY SERVICE – National**

Adult volunteer, Girls Scouts of America

2014-ongoing

#### **COMMUNITY SERVICE – Local**

## Philippine Center of Southern New Jersey

2022-ongoing

# Representative, COVID-19 Pandemic Response Team

Union Valley Elementary School, Gloucester Township, NJ

2020

## Member, Parent-Teacher Organization

2011-2021

Union Valley Elementary School, Gloucester Township, NJ

(2020 – 2021) Co-Chair, Helping Hands Committee

(2018 – 2020) Co-Chair, Teacher and Staff Appreciation Committee

# **Books and Blankets Project**

2018-2019

Organized collection of books, blankets, toiletries, feminine products for patients and families staying at the Ronald McDonald House in Camden, NJ. Collected and donated over 3,000 books.

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# **OTHER ACTIVITIES**

# Developer and Administrator, Women's Health Nurse Practitioner Facebook Learning Community

2009-2019

International learning community with over 4,600 Women's Health, Family, Adult-Gerontology Nurse Practitioners, and Certified Nurse Midwives members. Over 100,000 unique engagements (posts/comments/reactions) per year.

# **LANGUAGES**

Fluent in Filipino Literate in Korean

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