

# PEOPLE, PLANTS, AND THE PLANET

## LESSON 6

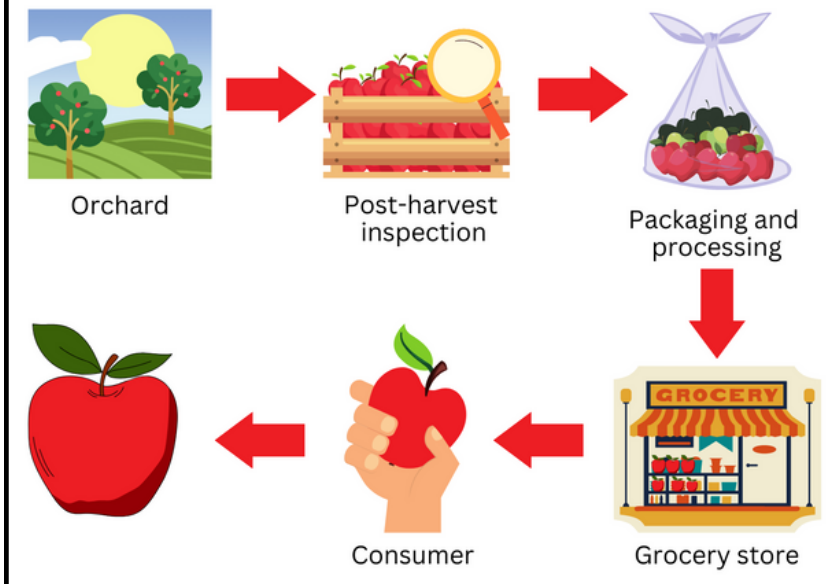


# RESOURCES

## For Types of Foods

List what kinds of resources are used for the following food cycles.  
Consider each stage.

### Apple Food Cycle



### List of Resources:

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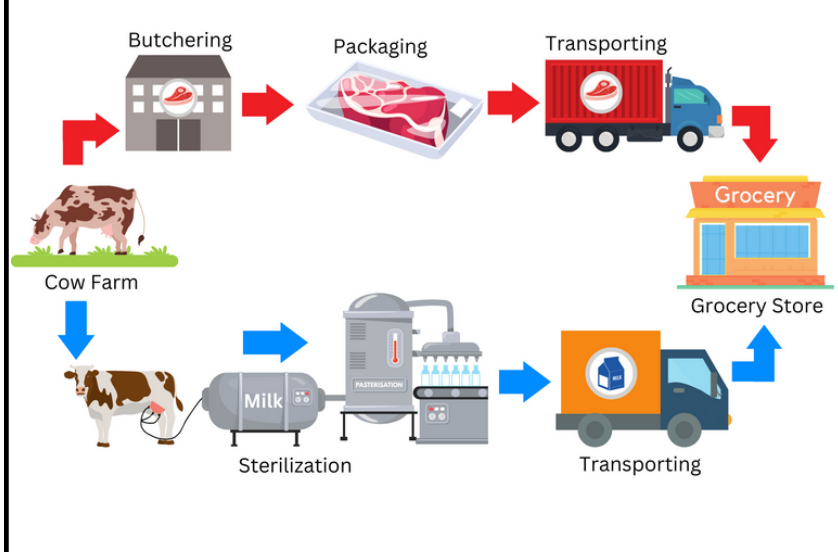
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### Meat/Dairy Food Cycle



### List of Resources:

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# What Kids Eat Around the World

## WEST AFRICA



Source: Time USA

What I  
*Notice*

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What I  
*Wonder*

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# What Kids Eat Around the World

## INDIA



Source: Time USA

What I  
*Notice*

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What I  
*Wonder*

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# What Kids Eat Around the World

## MALAYSIA



Source: Time USA

What I  
*Notice*

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What I  
*Wonder*

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# EATING PATTERNS

Let's talk about what foods go in each.

*Animal-based*



1- What are some examples of animal-based foods?

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*Plant-based*



2- What are some examples of plant-based foods?

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*Plant Forward*



3- What is an example of a plant forward meal?

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