# The Rutgers Health

# Joy at Work

## Mini-Grant Program
## 2024-2025

Please use this guide to prepare your application.  All applications must be submitted in the REDCap system.

Title of the Project

Please provide objectives and a summary of the project. (up to 250 words)

Please describe how the project promotes a culture of well-being in your work environment and why it is needed in your school, department, division, or team. (e.g., community, collegiality, peer-support, respectful/supportive teamwork, a place where people get to know each other as people, feel heard and that they belong and where leadership is supportive of such a culture). (up to 250 words)

What is the intended effect or impact of the project?  How will you evaluate this impact? (up to 250 words)

How will you sustain and incorporate the project activities in your future workplace? (up to 250 words)

Budget request: Total amount requested.

Please describe how the funds will be used. List each item and cost of each item for which funds are requested. Funds cannot cover travel, conferences, or personnel  (e.g., will not cover stipends or time for an evaluator). Funds may cover refreshments if not the focus of the project. Funds may cover the cost of a guest speaker. We will not be able to consider applications with requests of ineligible budget items. (up to 350 words)

What is the timeline of this project? (up to 100 words)

Please provide any additional information that you believe will be helpful to the selection committee other than already mentioned in the application. (up to 100 words)