

FINAL EXAM PLANNING

Setting Study Priorities

You will need a copy of your course syllabus

COURSE:

CALCULATE YOUR GRADE

Fill in the information below as a worksheet – Input the data into the grade calculator found online:

<https://thegradecalculator.com/>

Assignment 1		Weighted %	
Assignment 2		Weighted %	
Assignment 3		Weighted %	
Assignment 4		Weighted %	
Assignment 5		Weighted %	
Assignment 6		Weighted %	
Assignment 7		Weighted %	

1. If you received a perfect score of 100 on your final exam. What would your final grade be for this course?
2. What is the minimum grade you can receive on your final exam to pass this course? (74.5% or higher is a passing grade for the course)

REVIEW HOW WELL YOU KNOW COURSE CONCEPTS

Using your syllabus as a tool review. Mark each of the main concepts with your current knowledge level for each. This will assist you with determining how much time to spend on each concept.

- 3 = know it
- 2 = sort of know it
- 1 = don't know it

MAP OUT A STUDY SCHEDULE

Use your planner to map out 1 hour blocks of time with a specific study goal written down for each study session. We recommend using the following study techniques.

Week 6 Oct 7/8	Theories	READ Cherry and Jacob chapter 5 <i>Theories of Nursing Practice</i> 3 REVIEW Nursing Theory website http://www.nursing-theory.org/theories-and-models/ 3 REVIEW Greatest nursing models and theories to practice by https://www.nursebuff.com/nursing-theories/ 2 REVIEW Nursing Theorists and Theories https://nurseslabs.com/nursing-theories/ 1	6
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Distributed Practice: A technique whereby the student distributes his/her study effort in a given course over many study sessions. Study sessions are short in duration.

Intense Study for Distributed Practice:

- Set a Goal: (5 minutes)
- Study (30-40 minutes)
- Take a Break (10 minutes)
- Review (10 minutes)

Interleaving Technique: Mix multiple topics/subjects while studying. Rotating between subjects helps to improve learning.