

**Enhancing Mental Health Services for Students:
Comprehensive School Mental Health Coaching and Supports Project
SY 2023-2025**

NJ-CSMHCS Project Overview

The **NJ-CSMHCS Project** is a collaborative effort between the New Jersey Department of Education and the Rutgers Center for Comprehensive School-Based Mental Health (Rutgers-CCSMH). This project builds on the New Jersey Comprehensive School Mental Health Resource Guide released in 2022. The NJ-CSMHCS Project will support the implementation of comprehensive school mental health systems in schools across the state. Our extensive approach includes the launch of the New Jersey School Mental Health Leadership Academy and intensive technical assistance for 50 New Jersey schools.

Sponsored by the New Jersey Department of Education (NJDOE), Division of Educational Services, in collaboration with the Department of Psychiatric Rehabilitation and Counseling Professions Center for Comprehensive School Mental Health at Rutgers, The State University of New Jersey; 100% funded by the American Rescue Plan Act of 2021 – Coronavirus State Fiscal Recovery Fund.

Benefits to Participating Schools

- ✓ **Receive assistance in conducting a formal assessment** of your current comprehensive school mental health (CSMH) system, identifying areas of strength and a **concrete action plan** for improvement.
- ✓ Obtain **no cost-free intensive technical assistance (TA) and training**, both in a group format with other schools and individualized to meet the unique needs of your school.
- ✓ Gain access to a **collaborative peer community** to support developing and implementing a CSMH system.
- ✓ Build **internal capacity and expertise** within your school or district to support the **implementation and sustainability** of a CSMH system.
- ✓ Receive assistance administering **school mental health screeners** to identify student strengths and needs.

How to Apply

Applicants are strongly encouraged to attend one of the informational sessions to learn more about the **NJ-CSMHCS Project**. Informational sessions will include a project overview, school expectations, and a detailed timeline. If you cannot attend, please visit the [Rutgers-CCSMH website](#) for more information.

Tuesday, April 4 th 9:30AM-10:30AM	Wednesday, April 12 th 3:30-4:30PM	Friday, April 14 th 9:30-10:30AM
Registration Link	Registration Link	Registration Link

School selection is a competitive application process. Completed applications must be received by **Monday, May 15** to be considered for participation. Applicants will be notified in June 2023.

Application Checklist

- | | |
|--|---|
| ✓ Complete application request | ✓ Consult with relevant school mental health staff or teams |
| ✓ Secure administrative and staff buy-in and support | ✓ Provide thorough and complete responses |
| ✓ Gather requested school data | ✓ Submit application by May 15 deadline |

To learn more about the Rutgers Center for Comprehensive School-based Mental Health (Rutgers-CCSMH) and the Comprehensive School-Based Mental Health Coaching and Supports (NJ-CSMHCS) Project, please visit <https://ccsmh.rutgers.edu/> or email ccsmh@rutgers.edu

Project Timeline (2023-2025)

Training and technical assistance sessions may be held in-person or virtually depending on need and capacity. School Mental Health Leads (SMH Leads) and the Comprehensive School Mental Health Teams (CSMH Teams) will receive training.

Training topics may include: developing an Multi-Tiered System of Support (MTSS) framework and aligning initiatives within a MTSS framework, teaming, conducting needs assessments, resource mapping, and establishing universal interventions (Tier 1), strategies for effective school-based mental health coaching, risk assessment, and establishing targeted interventions (Tiers 2 and 3).

Academic Year	Fall Sept - Dec	Winter Jan-Mar	Spring Apr-June
SY 2022-2023		<ul style="list-style-type: none"> Project Informational Sessions (April) 	<ul style="list-style-type: none"> Application Submission (May) Applicant Acceptance Notification (June) Program Orientation (August)
SY 2023-2024	<ul style="list-style-type: none"> Launch SMH Leadership Academy Training (October) SMH Leadership Academy Training (December) Baseline School Data Collection and Action Planning 	<ul style="list-style-type: none"> CSMH Team Training, including SMH Leads Kick-Off Event (January) CSMH Team Training, Including SMH Leads (March) Individualized School Monthly TA 	<ul style="list-style-type: none"> CSMH Team Training, including SMH Leads Reflection and Readiness (May) Individualized School Monthly TA
SY 2024-2025	<ul style="list-style-type: none"> CSMH Team Training, including SMH Leads Training (October) Individualized School Monthly TA 	<ul style="list-style-type: none"> CSMH Team Training (January & March) Advanced SMH Leadership Training (January & March) Individualized School Monthly TA 	<ul style="list-style-type: none"> CSMH Team Training (May) Advanced SMH Leadership Training (May) Individualized School Monthly TA CSMH Teams End of Project Event (June)
SY 2025-2026	<ul style="list-style-type: none"> SMH Leadership Academy Roundtable (October & December) 		

To learn more about the Rutgers Center for Comprehensive School-based Mental Health (Rutgers-CCSMH) and the Comprehensive School-Based Mental Health Coaching and Supports (NJ-CSMHCS) Project, please visit <https://ccsmh.rutgers.edu/> or email ccsmh@rutgers.edu