

Dr. Kavita Beri
BE Mind Body Skin



Dr. Beri is a board-certified physician, author, and educator in the field of wellness, beauty, and cosmetics. She is the founder of BE Mind Body Skin an integrative and wellness cosmetic practice with a focus on creating beauty to empower one's journey. With her clinical practice and unique approach to beauty, Dr. Beri focuses on research and education on Yoga science, integrative health, and wellness as well as ancient esoteric philosophy, vibrational healing, and Vedic Astrology. She has been interviewed by leading beauty and spa magazines including Women's Health, Euro Cosmetics, Household & Personal Care Today. She has presented at various national and international scientific conferences including Teen Vogue Summit in Los Angeles, Women's Global Forum in Paris. Dr. Beri is highly published and an editorial board member for various national and international beauty magazines, as well as several scientific journals. She is a Yoga Alliance certified Yoga Instructor E-RYT and Yoga Alliance Education provider specializing in Yoga Philosophy, also is an active member of the American Theosophical Society. She holds the title of Adjunct Professor in Biomedical Sciences and Visiting Scientist at the Center for Biomaterials Rutgers University, New Jersey. She was appointed as a Fellow of Regenerative Cosmetics at TRI Princeton in 2017