



REMOTE CDR RESEARCH SEMINAR SERIES

The Center for Dermal Research Welcomes

Dr. Kavita Beri, BE Mind Body Skin

“The Emotional Impact of Maskne During Covid 19: A Discussion on the Future of a Multi-Modality Approach”

Monday, June 20, 2022; 5:30pm EST Remote



Dr. Beri is a board-certified physician, author, and educator in the field of wellness, beauty, and cosmetics. She is the founder of BE Mind Body Skin an integrative and wellness cosmetic practice with a focus on creating beauty to empower one’s journey. With her clinical practice and unique approach to beauty, Dr. Beri focuses on research and education on Yoga science, integrative health, and wellness as well as ancient esoteric philosophy, vibrational healing, and Vedic Astrology. She has been interviewed by leading beauty and spa magazines

including Women's Health, Euro Cosmetics, Household & Personal Care Today. She has presented at various national and international scientific conferences including Teen Vogue Summit in Los Angeles, Women's Global Forum in Paris. Dr. Beri is highly published and an editorial board member for various national and international beauty magazines, as well as several scientific journals. She is a Yoga Alliance certified Yoga Instructor E-RYT and Yoga Alliance Education provider specializing in Yoga Philosophy, also is an active member of the American Theosophical Society. She holds the title of Adjunct Professor in Biomedical Sciences and Visiting Scientist at the Center for Dermal Research Rutgers University, New Jersey. She was appointed as a Fellow of Regenerative Cosmetics at TRI Princeton in 2017.

A Commentary on the Future of a Multi-Modality Approach: Over the past two years, the world has experienced the destructive effects of the SARS-CoV-2 pandemic, better known as COVID-19. The use of surgical face masks was declared necessary by many governments around the world to protect citizens from catching the rapidly spreading virus. Albeit surgical masks contributing to stopping the spread of SARS-CoV-2, many people have reported rashes closely resembling acne on their chins ever since wearing face masks became mandatory. This talk discusses the exploration of the mental and physical health effects of “Maskne” and the emphasis on a multi-modality approach to deal with the maskne burden and enhance the quality of life.

Meeting Link:

<https://rutgers.webex.com/rutgers/j.php?MTID=ma880868e52ac2b8fd9630d4890ea27af>

For a direct invite, please email cdr_frontdesk@dls.rutgers.edu



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