



(office use) Received on ___/___/___
Appt with _____ on ___/___/___

Basic information for Person with Memory or Thinking concerns

Are you filling out a form for yourself, or filling out the form for someone else

Name _____ Date of birth _____ Gender _____

Race & Ethnicity - Which of the following best describes the Person?

- Native Americans and Alaska Natives Black/African American Hispanic/Latinx American
- Native Hawaiians and Pacific Islanders South Asian/Asian American East Asian/Asian American
- White American Other _____

Languages spoken at home _____

Additional languages spoken as a child _____

Address _____ City _____ State ____ Zip _____

Home ☎(____) _____ Cell ☎ (____) _____ Email _____

Who lives with the Person? _____

Marital status Single Married Divorced Widowed Handedness _____

Employment status Working Unemployed Retired Primary Occupation _____

Years of education _____ Highest degree(s) earned _____

What are the other ZIP codes where the Person has lived in his/her life? If you can't remember the ZIP code, report the cities/township/county/country

Family Contact

Name _____ Relationship _____

Address _____ City _____ State ____ Zip _____

Home ☎(____) _____ Cell ☎ (____) _____ Email _____

Alternate family contact

Name _____ Relationship _____

Address _____ City _____ State ____ Zip _____

Home ☎(____) _____ Cell ☎ (____) _____ Email _____

Person filling out this form _____

Interest in Research Are you interested in *learning more about our research programs* related to memory and thinking at Rutgers? Answering yes does not commit you to participating and does not influence your health care at Rutgers Health. Yes No

Is the Person with memory or thinking concerns an **Organ or Body Donor**? Yes No

HISTORY OF CHANGE IN THINKING, MEMORY, BEHAVIOR, AND LANGUAGE

What symptoms related to thinking and memory have you or others noticed?

- | | | |
|--|--|---|
| <input type="checkbox"/> Forgetting recent events | <input type="checkbox"/> Difficulties speaking | <input type="checkbox"/> Hallucinations |
| <input type="checkbox"/> Forgetting conversations | <input type="checkbox"/> Difficulties coming up with words | <input type="checkbox"/> Slow movements |
| <input type="checkbox"/> Forgetting to pay bills | <input type="checkbox"/> Poor judgement or decision making | <input type="checkbox"/> Acting out dreams |
| <input type="checkbox"/> Missing appointments | <input type="checkbox"/> Excessive eating or pacing | <input type="checkbox"/> Daytime sleepiness |
| <input type="checkbox"/> Irritability | <input type="checkbox"/> Inappropriate behaviors in public | <input type="checkbox"/> Falls |
| <input type="checkbox"/> Sadness, crying, or loss of joy | <input type="checkbox"/> Anger bursts or cursing | <input type="checkbox"/> Anxiety |
| <input type="checkbox"/> Loss of interest in things | <input type="checkbox"/> Getting in trouble with the law | <input type="checkbox"/> Getting lost while out |

What year did the first symptoms **begin**? _____

Did the symptoms **come on** Suddenly one day Over days or weeks Gradually

How have things **progressed**? Getting worse Staying the same Getting better

Has the person had the following test: Brain CT (CAT scan) Brain MRI

Neuropsychological testing Spinal fluid test PET scan

Which physicians/psychologists has the Person seen for this? _____

If a brain CT/MRI/PET scan has been completed, **please carry the images on a CD with you** for us to review. We are often unable to get the information we need from the report.

MEDICAL HISTORY – has the Person been given any of the following diagnosis?

- | | | |
|--|---|---|
| <input type="checkbox"/> Stroke/TIA | <input type="checkbox"/> ALS or Lou Gehrig's disease | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Heart disease | <input type="checkbox"/> COVID-19 or coronavirus disease | <input type="checkbox"/> Bipolar disorder |
| <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Celiac disease or gluten sensitivity | <input type="checkbox"/> Schizophrenia |
| <input type="checkbox"/> High cholesterol | <input type="checkbox"/> Multiple sclerosis | <input type="checkbox"/> PTSD/post-traumatic stress |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Sleep apnea | <input type="checkbox"/> Chronic fatigue syndrome |
| <input type="checkbox"/> COPD | <input type="checkbox"/> Lupus or related disorder | <input type="checkbox"/> Fibromyalgia |
| <input type="checkbox"/> Concussion/head trauma | <input type="checkbox"/> Seizures or epilepsy | <input type="checkbox"/> Chronic migraine/headaches |
| <input type="checkbox"/> Currently having chemotherapy for cancer | <input type="checkbox"/> HIV | |
| <input type="checkbox"/> Organ failure requiring organ transplantation (provide name of organ) _____ | | |

Is the Person a smoker? Never Quit 10 or more years ago
 Quit less than 10 years ago Yes, how many packs a day? ____

Does the person currently use marijuana (THC; excluding over-the-counter CBD)? Yes No

Alcohol use <1 drink a month 2-4 drinks per month 2-4 drinks per week
 1-2 drinks per day more than 2 drinks a day
 Not regularly, but 4 or more drinks at a time when drinking

Is the Person driving? Yes No Is there any firearm in the residence? Yes No

Is the Person with thinking and memory concerns taking any of these medications regularly?

- Aspirin
- Coumadin/warfarin or like blood thinners (Eliquis, Xarelto)
- Other blood thinners (Plavix/clopidogrel, Brilinta/ticagrelor, Persantine/dipyridamole)
- Ritalin/Concerta (methylphenidate) or Provigil (modafinil)
- Pain/narcotic medications
- Benadryl
- Melatonin
- Herbal supplements
- Aricept/donepezil
- Exelon/rivastigmine
- Namenda/memantine
- Ativan/lorazepam
- Xanax/alprazolam
- Klonopin/clonazepam
- Abilify/aripiprazole
- Geodone/ziprasidone
- Latuda/lurasidone
- Nuplazid/pimavanserin
- Risperdal/risperidone
- Seroquel/quetiapine
- Zyprexa/olanzapine

FAMILY HISTORY

Has any family member had a diagnosis of dementia, Alzheimer’s disease, frontotemporal dementia (FTD, also known as Pick’s disease), Lewy body dementia, Parkinson’s disease, ALS, or stroke? Please fill in information for siblings, cousins, grandparents, or aunts/uncles only if they have one of the disorders.

| Family member | Dementia or Alzheimer’s disease | FTD or Pick’s disease | Lewy body dementia or Parkinson’s disease | ALS or Lou Gehrig’s disease | Stroke | Age when symptoms first begin |
|---------------|---------------------------------|-----------------------|---|-----------------------------|--------|-------------------------------|
| Mother | | | | | | |
| Father | | | | | | |
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DAILY ACTIVITIES

Is the Person able to perform the following now without help, and was he/she able to perform the same thing 2 years ago **without help**?

| | Now | 2 years ago |
|---|--|--|
| 1. Dressing, including putting on shoes and socks | <input type="checkbox"/> yes <input type="checkbox"/> no | <input type="checkbox"/> yes <input type="checkbox"/> no |
| 2. Walk across a room without cane or walker | <input type="checkbox"/> yes <input type="checkbox"/> no | <input type="checkbox"/> yes <input type="checkbox"/> no |
| 3. Bathing or showering | <input type="checkbox"/> yes <input type="checkbox"/> no | <input type="checkbox"/> yes <input type="checkbox"/> no |
| 4. Eating, such as cutting up your food | <input type="checkbox"/> yes <input type="checkbox"/> no | <input type="checkbox"/> yes <input type="checkbox"/> no |
| 5. Getting in and out of bed | <input type="checkbox"/> yes <input type="checkbox"/> no | <input type="checkbox"/> yes <input type="checkbox"/> no |
| 6. Using the toilet, including getting up and down | <input type="checkbox"/> yes <input type="checkbox"/> no | <input type="checkbox"/> yes <input type="checkbox"/> no |
| 7. Using a map (not GPS) to figure out directions | <input type="checkbox"/> yes <input type="checkbox"/> no | <input type="checkbox"/> yes <input type="checkbox"/> no |
| 8. Preparing a hot meal | <input type="checkbox"/> yes <input type="checkbox"/> no | <input type="checkbox"/> yes <input type="checkbox"/> no |
| 9. Shopping for groceries (not online order) | <input type="checkbox"/> yes <input type="checkbox"/> no | <input type="checkbox"/> yes <input type="checkbox"/> no |
| 10. Making phone calls | <input type="checkbox"/> yes <input type="checkbox"/> no | <input type="checkbox"/> yes <input type="checkbox"/> no |
| 11. Managing and taking medications | <input type="checkbox"/> yes <input type="checkbox"/> no | <input type="checkbox"/> yes <input type="checkbox"/> no |
| 12. Managing money, such as keeping track of expenses | <input type="checkbox"/> yes <input type="checkbox"/> no | <input type="checkbox"/> yes <input type="checkbox"/> no |
| 13. Call a family member or 9-1-1 if something is wrong | <input type="checkbox"/> yes <input type="checkbox"/> no | <input type="checkbox"/> yes <input type="checkbox"/> no |

Over the past year, have there been any of the following **life events**?

Loss of spouse Moving/relocation Major hospitalization Major car accident

ADVANCED DIRECTIVES

Durable power of attorney for HEALTHCARE Yes No

Durable power of attorney for FINANCES Yes No

Living will* Yes No

* A living will is a document about how aggressive you wish to be about medical care near the end of life, not your "Last Will & Testament"

Anything else you'd like us to know?