Essex County

RUTGERS UNIVERSITY Family and Community New Jersey Agricultural Experiment Station

Food Pantries and Meals

Open to all

Spring 2025

Compiled by Andrea Rivera, RU '25



The Oranges Locations



Holy Trinity

315 Main St, West Orange Provides groceries on **Tuesdays** 9am-12pm and have a soup kitchen on Saturdays 12pm-1pm. Registration is required. Call 201-341-9217 for more information.

Nearest bus stop: Main Street at Franklin Ave

Pentecost Food Pantry (PIWC Orange)

170 Central Ave, Orange Provides a pantry of food to collect, open Wednesdays (8pm-9pm), Fridays (8pm-9:30pm), and Sundays (9:30am-1pm).

Call 973-393-109 for more information. Nearest bus stop: Central Ave at Hickory St

Interfaith Food Pantry of the Orange

Orange residents. Call 973-856-4000 for more information.

United Methodist Church

287 Park Ave, Orange

Has a food pantry, where you can drive up to and collect groceries. Starts at 8am on Thursdays. Call 973-675-6390 for more information.

Nearest bus stop: Park Ave at North Day St.

Isaiah House

238 North Munn Ave, East Orange Has a food pantry Mondays and Fridays (10:30am-12:30pm), **Tuesdays and Thursdays** (10:30am-12:30pm and 1:30pm-3:30pm)

Call 973-678-5882 for more information.

Nearest bus stop: Park Ave at North Oraton Pkwy

Christ Episcopal Church

422 Main Street, East Orange Must call beforehand and they will provide the times for their food pantries. Call 973-678-1160 for more information.

Nearest bus stop: MI King Jr Blvd at South Walnut St

East Orange Comm. Dev. Corp.

490 Main St, East Orange Has a food pantry everyday from 8:30am-4:30pm. Call 973-266-5315 for more information.

Nearest bus stop: Washington St at Bradford St

Salvation Army-East Orange

430 Main Street, East Orange Food pantry open on Tuesdays 10am-2pm.

Call 973-672-0262 for more information.

Nearest bus stop: MI King Jr Blvd at North Clinton St

Holy Trinity Lutheran Church Food Pantry

153 Glenwood Ave, East Orange Every last Tuesday of the month 10am-12pm.

> Call 973-678-1484 for more information.

Nearest bus stop: Springdale Ave at Midland Avel

105 Main Street, Orange Food pantry open on Wednesdays 9am-**12pm.** It is closed the 1st Wednesday of each month. Only for Orange and West

Nearest bus stop: Main St at Prince St

Newark Locations

Apostles' House

22 Grant Street, Newark Food pantry open on Mondays, Wednesdays, and Fridays from 10am-3pm. Call 973-482-0625 for more

Nearest bus stop: Broad St at 8th Ave

information.

Saint John's Soup Kitchen

871 McCarter Hwy, Newark Tuesdays to Saturday they have a soup kitchen from 7:45am-2pm.

Call 973-623-0822 for more information.

Nearest bus stop: River St at East 13th St

Love of Jesus Family Church of Belleville-Newark

4 N. Hawthorne Lane, Newark-Belleville

Every 3rd Saturday of the month from 9am-1pm. Call 201-232-2536 for more

information.

Nearest bus stop: Scotland Rd at Tremont Ave

United Community Coperation

409 S 18th St, Newark
Provides free groceries. **Open every 3rd Wednesday from 10am to 2pm. Social security card and proof of recent residency is required.**

Call 973-642-0181 for more information.

Nearest bus stop: South Orange Ave at South 18th St

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Blessed Sacrament

19 Van Ness Pl, Newark
Has a food pantry every 3rd and
4th Tuesday from 11am-1pm and
every 3rd and 4th Saturday from
9am-11am. ID and proof of
address required.
Call 973-824-6549 for more
information.

Nearest bus stop: Clinton Ave at Ingraham Pl

Clear View Baptist Church

357 Chancellor Ave, Newark
Every Wednesday from
11am-2pm the church has a
food pantry.

Call 973-926-0471 for more information.

Nearest bus stop: Chancellor Ave at Leslie St

First Hopewell Baptist

525 Orange St, Newark
Provides a food pantry
Wednesdays 8am-11am.
Call 973-485-8100x3 for
more information.

Nearest bus stop: Roseville Ave at Orange St

St. James Social Service Coperation

604 Dr M.L.K. Jr. Blvd, Newark
Provides an emergency food pantry **Monday through Friday**. Required
registration happens between 33:30pm.

Call 973-624-2528 ext.112 for more information.

Nearest bus stop: Court St at Shipman St

First Seventh Day Adventist Church

343 11th Avenue, Paterson

Open Wednesdays 2-4

Call 973-279-6256 for more
information.

Nearest bus stop: Madison Ave at 11th Ave

House of Mercy Mission

573 Springfield Ave, Newark
Every 3rd and 4th Saturday of
the month from 10am11:45am they have a food
pantry.
Call 973-642-6226 for more
information.

Nearest bus stop: Springfield at Pierce St

Pierre Toussaint Food Pantry

520 Martin Luther King Jr. Blvd.,
Newark
Every Saturday from 9am-11am
they provide a food pantry
service. Registration required.
Please call 973-792-5970 for more
information

Nearest bus stop: Springfield Ave at MLK Jr Blvd

Lighthouse Community Services

487 Washington Street, Newark
Provides a food pnatry.
Please call 973-802-1802
for more information.

Nearest bus stop: Washington St at Spruce St

Grace Reform Church

31 Blum Street, Newark
Provides a food pantry
Saturdays from 11am-1pm.
Call 973-643-8739 for more
information.

Nearest bus stop: Springfield Ave at Blum St

FOCUS/Hispanic Center for Comm. Dev.

441-443 Broad St, Newark
Every 2nd and 3rd Wednesday of
the month from 9am-12pm a food
pantry is provided.
Call 973-624-2528 for more
information.

Nearest bus stop: Broadway at Hinsdale Plt

Bessie Green Community Inc.

510 Broad Street, Newark
Provides food pantry MondayFriday from 10am-1pm.
Call 973-648-6800 for more
information.

Nearest bus stop: Broad St at Lombardy St

Elizabeth Ave Weequahic Presbyterian Church

761 Elizabeth Ave, Newark
Every 2nd and 4th Tuesday
at 10am, they have a food
pantry.

Call 973-923-5655 for more information.

Nearest bus stop: Elizabeth Ave at Chancellor Ave

Emmanuel Church of Christ

54 Irvine Turner Blvd, Newark Every 3rd Thursday of the month a food pantry is hosted. Call 973-621-9810 for more information.

Nearest bus stop: Irvine Turner Blvd at West Kinney St

Feed The Hungry at St. John's Soup Kitchen

22 Mulberry St., Newark
Breakfast is served Tuesday
to Saturday from 8am-9am
and hot lunch 11:30am12:30pm. Call 973-623-0822
for more information.

Nearest bus stop: Raymond Blvd 170W of McCarter
Hwv

First Timothy Church

215 Chancellor Ave, Newark

Food pantry provided. Call 973-673-6435 for more information.

Nearest bus stop: Chancellor Ave at Clinton Pl

House of Love Soup Kitchen/Pantry

589-95 Central Ave, Newark
Hot take-out offered every 2nd
Tuesday and a food pantry every 4th
Tuesday of the month.

Call 973-416-7596 for more

information.

Nearest bus stop: Central Ave at S 14th St

Other Locations

Toni's Kitchen-St. Luke's Episcopal Church

73 South Fullerton Ave, Montclair Wednesdays, Thursdays, Fridays, and Saturdays from 10:30am-12pm a food pantry is available.

Call 973-932-0768 for more information.

Nearest bus stop: Elm St at Washington St

Irvington Neighborhood

Consortium

346 Sixteenth Ave., Irvington

Mondays, Tuesdays, Wednesdays,

Thursdays, Fridays from 12pm-1pm

and 4pm-5pm. First come first

serve.

Call 973-416-0909 for more

information.

Nearest bus stop: 16th Ave at 22nd St

Little Zion U.A.M.E Church

154 Stephens St, Belleville Every 3rd and 4th Saturday of each month, a food pantry is offered. Call 973-759-7358 for more information.

Nearest bus stop: Washington Ave at Holmes St.

Church Women United Food Pantry

1240 Clinton Ave., Irvington
Wednesday and Fridays from
10:30am to 3pm a food
pantry is available. Only
Irvington residents.
Call 973-373-5930 for more

information.

Nearest bus stop: Clinton Ave at Civic Square

Human Needs Food Pantry

9 Label St., Montclair Every Tuesday or Thursday from 12pm to 2:30pm a food pantry is offered. Registration required. Call 973-746-4669 for more information.

Nearest bus stop: Park St. at Walnut St

Bloomfield Presbyterian Church on the Green

147 Broad St., Bloomfield
Food pantry held 9:30am to 11am
every Wednesday and Friday and
every 4th Saturday of the month
from 10am to 12pm.
Call 973-743-1796 for more
information.

Nearest bus stop: Broughton Ave at Bay Avet

Bethel Rehoboth Food Pantry/Meal Ctr.

55 Lawrence Street, Bloomfield Thursdays 5pm to 7pm and every 4th Saturday of each month from 11am to 1pm. Call 973-566-9100 for more information.

Nearest bus stop: Dodd St at Arch St

Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| East Orange Comm. Dev. Corp. (8:30am-4:30pm) PIWC Orange (9:30am-1pm) | East Orange Comm. Dev. Corp. (8:30am-4:30pm) Apostles' House (10am-3pm) Isaiah House (10:30am-12:20pm) Bessie Green Community Inc. (10am-1pm) Irvington Neighborhood Consortium (12pm-1pm and 4pm-5pm) | Saint John's Soup Kitchen (7:45am-2pm) Feed The Hungry at St. John's Soup Kitchen (8am-9am and 11:30am- 12:30pm) East Orange Comm. Dev. Corp. (8:30am- 4:30pm) Holy Trinity (9am-12pm) Bessie Green Community Inc. (10am- 1pm) Salvation Army-East Orange (10am-2pm) Isaiah House (10:30am-12:20pm and 1:30pm-3:30pm) Irvington Neighborhood Consortium (12pm-1pm and 4pm-5pm) Human Needs Food Pantry (12pm- 2:30pm) *Tuesday OR Thursday* | Saint John's Soup Kitchen (7:45am-2pm) First Hopewell Baptist (8am-11am) Feed The Hungry at St. John's Soup Kitchen (8am-9am and 11:30am- 12:30pm) East Orange Comm. Dev. Corp. (8:30am- 4:30pm) Bloomfield Presbyterian Church on the Green (9:30am-11am) Apostles' House (10am-3pm) Bessie Green Community Inc. (10am- 1pm) Toni's Kitchen-St. Luke's Episcopal Church (10:30am-12pm) Church Women United Food Pantry (10:30am-3pm) Clear View Baptist Church (11am-2pm) Irvington Neighborhood Consortium (12pm-1pm and 4pm-5pm) First Seventh Day Adventist Church (2pm-4pm) PIWC Orange (8pm-9pm) | Saint John's Soup Kitchen (7:45am-2pm) United Methodist Church (at 8am) Feed The Hungry at St. John's Soup Kitchen (8am-9am and 11:30am- 12:30pm) East Orange Comm. Dev. Corp. (8:30am- 4:30pm) Bessie Green Community Inc. (10am- 1pm) Isaiah House (10:30am-12:20pm and 1:30pm-3:30pm) Toni's Kitchen-St. Luke's Episcopal Church (10:30am-12pm) Irvington Neighborhood Consortium (12pm-1pm and 4pm-5pm) Human Needs Food Pantry (12pm- 2:30pm) *Tuesday OR Thursday* Bethel Rehoboth Food Pantry/Meal Ctr. (5pm-7pm) | Saint John's Soup Kitchen (7:45am-2pm) Feed The Hungry at St. John's Soup Kitchen (8am-9am and 11:30am- 12:30pm) East Orange Comm. Dev. Corp. (8:30am- 4:30pm) Bloomfield Presbyterian Church on the Green (9:30am-11am) Apostles' House (10am-3pm) Bessie Green Community Inc. (10am- 1pm) Toni's Kitchen-St. Luke's Episcopal Church (10:30am-12pm) Isaiah House (10:30am-12:20pm) Church Women United Food Pantry (10:30am-3pm) Irvington Neighborhood Consortium (12pm-1pm and 4pm-5pm) PIWC Orange (8pm-9:30pm) | Saint John's Soup Kitchen (7:45am-2pm) Feed The Hungry at St. John's Soup Kitchen (8am-9am and 11:30am- 12:30pm) East Orange Comm. Dev. Corp. (8:30am- 4:30pm) Pierre Toussaint Food Pantry (9am- 11am) Toni's Kitchen-St. Luke's Episcopal Church (10:30am-12pm) Grace Reform Church (11am-1pm) Holy Trinity (12pm-1pm) |
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