

# Clinical Updates on the Use of Injectable Medications for Opioid Use Disorder (MOUD)

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# Financial disclosure

- No financial disclosures

# Learning objectives

- State the currently available extended-release injectable medications for opioid use disorder (MOUD) and describe their advantages, induction and maintenance strategies, and clinical and patient-centered outcomes.
- Describe the potential role of extended-release injectable MOUD in the high-potency synthetic opioid (HPSO) era.
- Describe an extended-release injectable buprenorphine program within a specialty addiction medicine outpatient practice.

# Availability of injectable MOUD over the years

Extended-release naltrexone (XR-NTX, **Vivitrol**) approved as monthly intramuscular injection for prevention of return to opioid dependence

**Brixadi** tentatively approved as once-weekly or once-monthly subQ buprenorphine injection



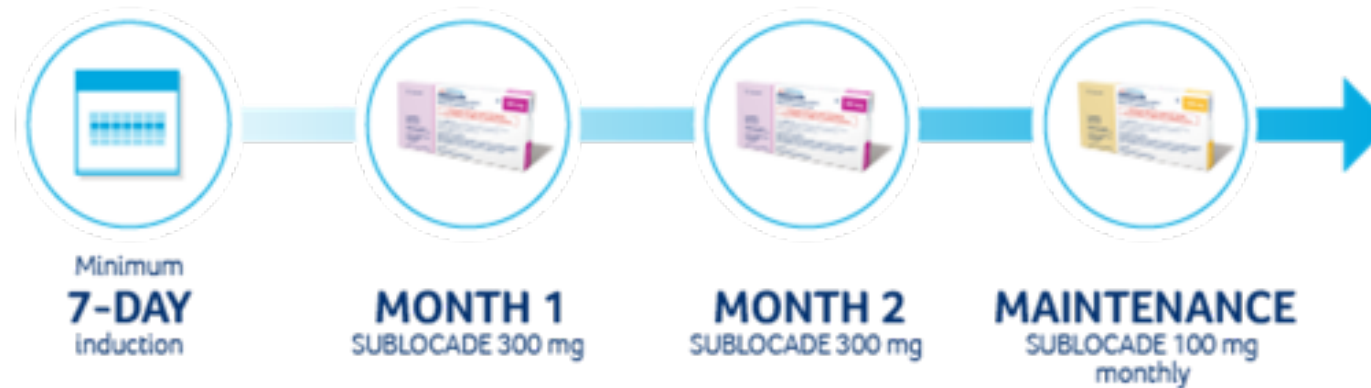
**Sublocade** approved as monthly subcutaneous (subQ) buprenorphine injection

# Extended-release buprenorphine (XR-BUP) have several advantages for patients who...

- Are unstable/frequently miss visits
- Have buprenorphine access challenges (e.g., incarceration, entering residential treatment programs not allowing MOUD)
- Have concerns about safe storage (e.g., children, stolen medications)
- Can't reliably get to clinic
- Don't want to take daily medication
- Are concerned about stigma related to daily buprenorphine

# Sublocade - general overview

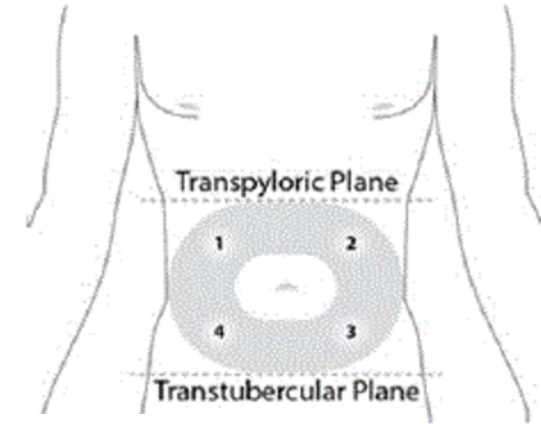
- Monthly subQ injection only by a healthcare provider
- Repeat injections every 26-30 days
- Labeling states that occasional delays in dosing up to 2 weeks are not clinically significant
- Stored in refrigerator



SUBLOCADE [prescribing information]. Indivior Inc.; 2018

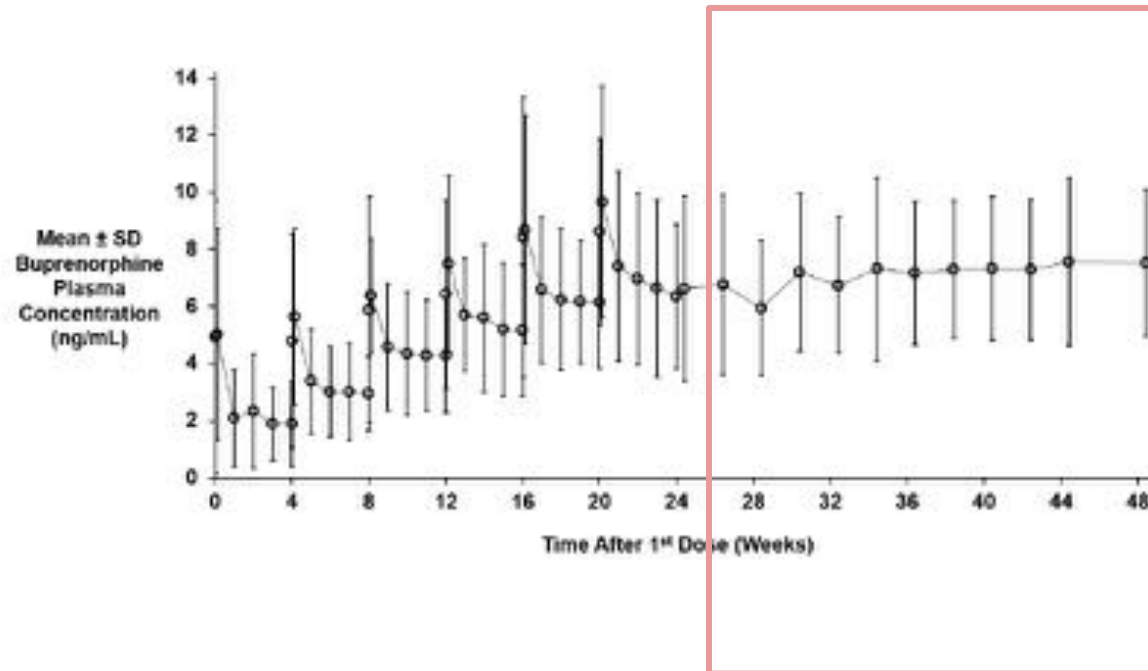
# Sublocade injection strategies

- Injected subQ as a slow, steady push
- Strategies to minimize pain/discomfort
  - Minimum of 15 min at room temperature before injection
  - Lidocaine injection 10-15 minutes before Sublocade
- Counsel patients on lump at injection site that will be present for several weeks and decrease over time



SUBLOCADE [prescribing information]. Indivior Inc.; 2018

# Sublocade steady state levels



- Steady state achieved at 4-6 months
- Levels may be detectable for 1+ year after stopping (once at steady state)

SUBLOCADE [prescribing information]. Indivior Inc.; 2018; RBP-6000 FDA Briefing Document. <https://www.fda.gov/media/108382/download>



# Sublocade concentrations compared to sublingual (SL) buprenorphine

Mean	300 mg* (first injection)	100 mg† (ss)	300 mg† (ss)
$C_{avg,ss}$ (ng/mL)	2.19	3.21	6.54

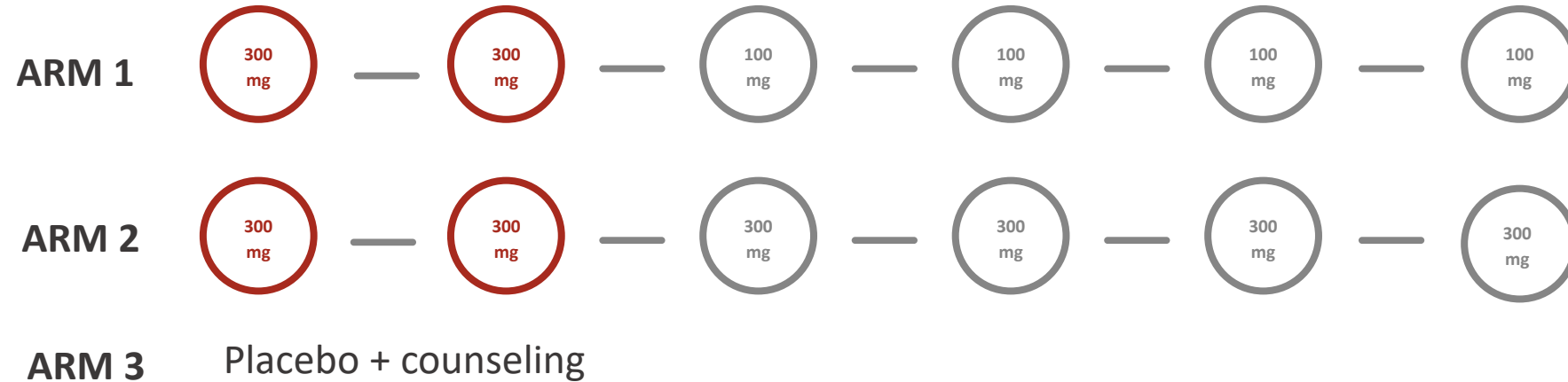
Average concentration of SL buprenorphine 24 mg = 2.91

- Both 100 mg and 300 mg doses should suppress opioid withdrawal and cravings
- Average steady state concentration of 100 mg slightly higher than 24 mg SL buprenorphine
- Average concentration of 300 mg at steady state is even higher

Levels of 2-3 ng/ml are required to occupy  $\geq 70\%$  of mu-opioid receptors and reduce illicit opioid use

SUBLOCADE [prescribing information]. Indivior Inc.; 2018

# Sublocade pivotal trial (n=504)



## Primary outcome (% opioid abstinence at 6 months):

- Higher in both Sublocade 100 mg and 300 mg maintenance groups compared to placebo (~40% vs. 5%)
- No significant differences between dosage groups
- Similar side effect profile to SL buprenorphine except for injection-site reactions (5-10% of patients)

Haight, et al. Lancet. 2019.

# Sublocade 12-month patient-centered outcomes

- Quality of life stable or improved
- Employment rates increased by 7%
- High patient satisfaction with Sublocade (88%)
- 80% of patients were on 300 mg maintenance dose
- Limitations
  - Open-label study (non-blinded), no control group
  - 50% of patients dropped out (loss to follow-up, withdrawal of consent)

Ling, et al. JSAT. 2020.

# Sublocade induction strategies



- Product labeling recommends stabilization on SL buprenorphine 8-24 mg for  $\geq 7$  days before starting
- Goal of SL buprenorphine stabilization: establish tolerability/safety

SUBLOCADE [prescribing information]. Indivior Inc.; 2018

# Sublocade induction strategies - rapid induction

- Several case series added to literature on safety of Sublocade initiation after being on SL buprenorphine for <7 days:
  - Mariani, et al (2020): 5 patients transitioned to Sublocade after 2-3 days of SL buprenorphine (average dose = 16 mg)
  - Peckham, et al (2021): rapid initiation in 25% of patients started on Sublocade
- Our institution has started Sublocade during hospital admissions in patients stabilized on SL buprenorphine for <7 days

Mariani et al. Am J Addict. 2020; Peckham, et al. JSAT. 2021.

# Sublocade induction strategies - use of supplemental buprenorphine



- No supplemental SL buprenorphine was allowed in the Sublocade randomized study
- Over 50% of patients required 4-24 mg SL buprenorphine (daily or as needed) after starting Sublocade for varying time periods in recent “real-world” case series
- Reasonable to use in patients who have continued opioid withdrawal and/or cravings after starting Sublocade

Peckham, et al. JSAT. 2021.

# Sublocade 100 mg vs. 300 mg maintenance dose

## Sublocade package labeling:

“The maintenance dose may be increased to 300 mg monthly for patients who tolerate the 100 mg dose but do not demonstrate a satisfactory clinical response”

- 300 mg has greater average plasma buprenorphine concentrations vs. 100 mg
  - Benefit in the HPSO era
- May benefit persons who inject drugs (PWID)
  - Unpublished study found that PWID had 15% higher opioid abstinence rates in 300 mg vs. 100 mg maintenance group
- Majority of patients in our Sublocade program are on 300 mg maintenance dose

Wiest, et al. Poster: Abstinence Response to 300mg vs. 100mg RBP-6000 Among Opioid Injection Users. ASAM 2019. Orlando, FL

# Sublocade access

## Option 1: Specialty pharmacy delivers to the office for administration to individual patients

- a. Prescriptions sent directly to specialty pharmacy
- b. Indivior website has list of specialty pharmacies that carry Sublocade: <https://www.sublocaderems.com/Content/pdf/certified-pharmacies.pdf>

## Option 2: Office purchases directly from a distributor (“buy-and-bill”)

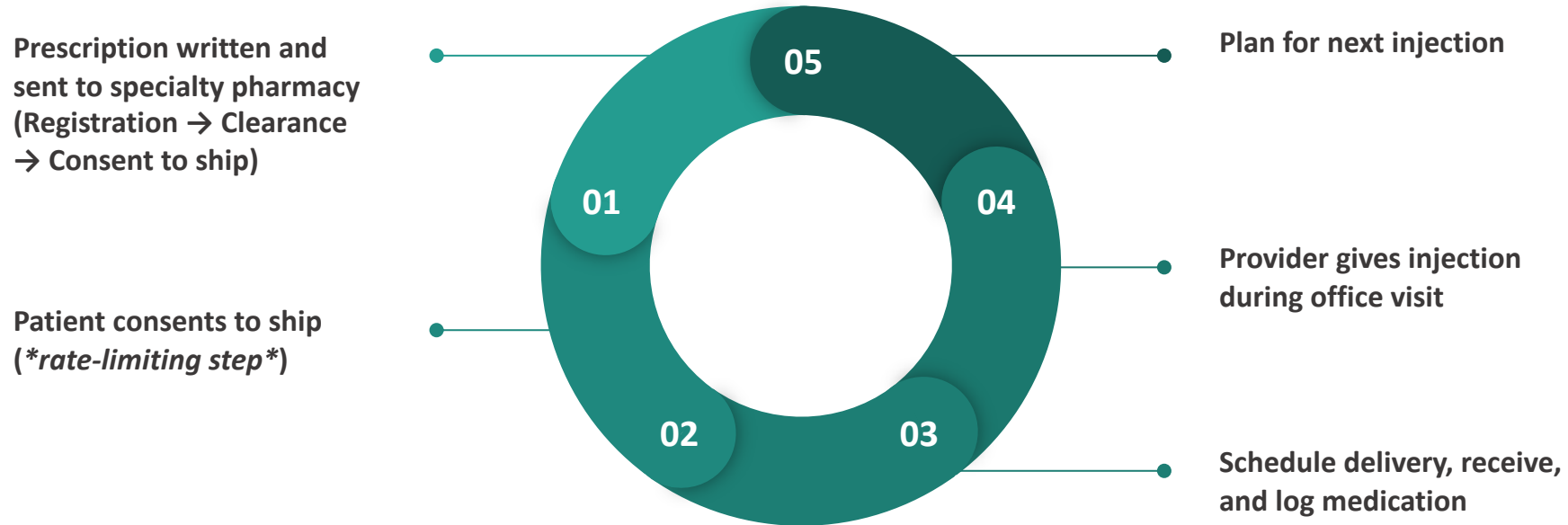
- a. Healthcare setting must become REMS certified



SUBLOCADE [prescribing information]. Indivior Inc.; 2018



# Our process for obtaining Sublocade for individual patients (Option 1)



# Cooper University Health Care Sublocade program

**250**

patients prescribed  
Sublocade since 2018

**130**

currently active  
Sublocade patients

Health coach initially assisted in  
establishing Sublocade program

Program assistant  
became “Sublocade  
champion”, ~50% of  
time spent on  
Sublocade

Three licensed  
practical nurses spend  
~50% of their time on  
Sublocade

# Cooper University Health Care Sublocade program

## Process-related challenges

- Staff time
- Medication storage and logging in/out
- Patient consent to ship
- Insurance barriers

Script date	Expires in	Script Notes	Status	Follow up
10/06	27 days	300-- 1 refill	1. Script Sent	10/15/20
09/28	19 days	300--2 refills on 9/28	2. Processing	10/09/20
09/22	13 days	300--5refills	2. Processing	10/09/20
09/28	19 days	300mg-- 1 refill on 9/28	3. Needs Consent	10/09/20
09/25	16 days	300-- 1 refill on 9/25	3. Needs Consent	10/12/20
08/12	(-28)	300-1 Refill on 8/12	3. Needs Consent	10/13/20
08/26	(-14)	300- 1 Refill on 8/26	3. Needs Consent	10/13/20
09/04	(-5)	100--5 refill on 9/4/20	3. Needs Consent	10/08/20
09/28	19 days	300--1 refill on 9/28	3. Needs Consent	10/12/20
09/18	9 days	300 -- 1 Refill on 9/18	3. Needs Consent	10/09/20
09/15	6 days	300- 1 Refill on 9/15	3. Needs Consent	10/13/20
07/01	(-70)	300-1 Refill on 7/1/20	3. Needs Consent	10/13/20
07/16	(-55)	300--1 refill on 7/16	3. Needs Consent	10/08/20
08/27	(-13)	300- 1 Refill on 8/27	3. Needs Consent	10/13/20
07/06	(-65)	300-1 refill on 7/7	4. Delivery Scheduled	10/09/20
09/29	20 days	100 -- 5 Refills on 9/29	4. Delivery Scheduled	10/14/20
09/24	15 days	300--2 refills on 9/24	4. Delivery Scheduled	elivery sched-10/9/2020
09/25	16 days	300--1 refill on 9/25	4. Delivery Scheduled	10/12/20
09/18	9 days	300--5 refill on 9/18	5. Delivered	10/09/20
09/26	17 days	300-5 Refill on 9/26	5. Delivered	10/15/20

## Patient-related challenges

- Administrative burden for unstable patients
- Visits no longer tied to medications
- Injection-site pain/reactions
  - Patients with low subQ fat -- more pain, less effective (??)

# Lessons learned from our Sublocade program

- Dedicated individual to learn the process and become “Sublocade champion” to teach others
- Find out most commonly used insurance plans in your practice and develop a process -- gets easier with more practice!
- Figure out where to store injections and who will log them in/out
- >10 patients is approximately when the workload ramps up

# Brixadi: weekly/monthly injectable buprenorphine vs. SL buprenorphine (n=428)

## Pivotal Study

**PHASE 1** Weekly injection x 12 weeks vs. SL buprenorphine

**PHASE 2** Monthly injection x 12 weeks vs. SL buprenorphine

### First Day of Study

All patients started with SL buprenorphine 4mg, patients randomized to weekly Brixadi were given 16 mg subQ on same day

**Primary outcome** (responder rate at pre-defined study timepoints): Brixadi “non-inferior” to SL buprenorphine

**Secondary outcome** (% urine samples negative for opioids): Brixadi superior to SL buprenorphine (35% vs. 28%)

**Brixadi is still awaiting final FDA approval**

Lofwall, et al. JAMA Intern Med. 2018.

# Brixadi vs. Sublocade

## Dosing flexibility

- Brixadi >> Sublocade
  - Weekly - 8, 16, 24, 32 mg
  - Monthly - 64, 96, 128, 160 mg
  - Sublocade: 100 & 300 mg monthly only
  - Advantage of weekly dosing?

## Storage

- Brixadi does not need to be refrigerated

## Injection sites

- Sublocade: abdomen
- Brixadi: abdomen, buttock, thigh, upper arm

## Comparison to standard of care

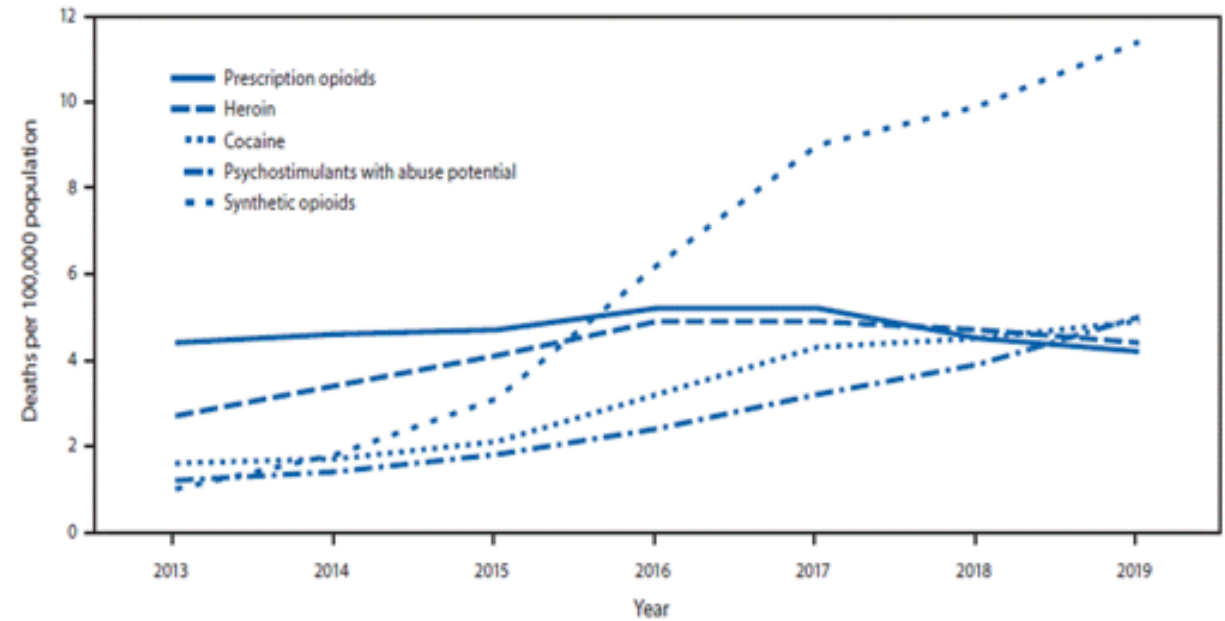
- Brixadi was compared to SL buprenorphine
- Sublocade compared to placebo (SL buprenorphine comparison studies ongoing)

## Treatment induction

- Sublocade was studied with 2 week SL buprenorphine run-in phase
- Brixadi started on Day 1 (for weekly formulation, monthly formulation??)

# XR-BUP in the HPSO era

- Higher serum buprenorphine concentrations vs. SL buprenorphine
- Ensures adherence x 4-6 weeks
- Case series of XR-BUP rapid induction for HPSO-positive patients
  - 2-3 days of SL buprenorphine 16-24 mg followed by XR-BUP
  - Withdrawal symptoms well-controlled after 24 hours - corresponding to spike in XR-BUP levels



Mattson, et al. MMWR Morbid Mortal Wkly Rep. 2021; Mariani et al. Am J Addict. 2020

# XR-NTX (Vivitrol)

- **Advantages**

- Monthly injection → adherence
- Access: more providers may be comfortable, can obtain from community pharmacies
- Patient desire for no physical opioid dependence

- **Disadvantages**

- Period of opioid abstinence makes induction difficult (Lee, et al. 2017: 72% XR-NTX vs. 94% SL buprenorphine)
- Lowering of tolerance increases risk of opioid overdose after discontinuation/missed doses
- Possible to override blockade with high opioid doses → concern in HPSO era



Lee, et al. Lancet. 2017.



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# Thank you!

## Questions & Discussion