EXAMPLE: OBAT Navigator Psychosocial Care Plan

Intake Care Plan

|  |  |  |  |
| --- | --- | --- | --- |
| Patient Name |  | DOB |  |
| Medicaid Plan |  | ID Number |  |
| PCP |  | OBAT Navigator |  |
| Date MAT Service Initiated: |  |
| Phase of Medical Care (Initiation, Stabilization, Maintenance) |  | Weeks in Phase |  |
| Care Plan Last Updated: |  |

|  |
| --- |
| ***Background:***  |
| ***Connecting Tasks with Vision:*** What is your patient’s motivating goal (s) / vision for their life? (why do they want to be in recovery) |
| ***Patient strengths / resources:*** |
| **Top priorities / barriers the patient wants to work on**? (up to three) |
| ***Need*** | ***Next Steps*** *(for navigator and patient depending on patient’s ability to self-navigate)* | ***Timeframe*** *(if applicable)* | **Notes** |
|  | ***Navigator:******Patient:*** |  |  |
|  | ***Navigator:******Patient:*** |  |  |
|  | ***Navigator:******Patient:*** |  |  |
| ***Identified needs to work on later:*** |
| ***Other Providers, Community Resources, etc. the patient is working with:*** |
| **Patient Education*** **Harm Reduction Resources Discussed YES NO**

**(***Depending on SUD dx may involve referrals to local harm reduction centers, syringe exchange programs, training on how to administer Narcan, etc)***Notes:*** **Emergency Resources Discussed YES NO**

***(****Who to call/where to go if have a medication issue after hours, crisis hotlines, 211 for emergency housing, etc)***Notes:**  |
| ***Date:******Visit Notes:*** |
|  |

Subsequent Visit Notes:

|  |  |  |  |
| --- | --- | --- | --- |
| Patient Name |  | DOB |  |
| Medicaid Plan |  | ID Number |  |
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|  |  |  |  |
| --- | --- | --- | --- |
| ***Current Need*** | ***Next Steps*** *(for navigator and patient depending on patient’s ability to self-navigate)* | ***Timeframe*** *(if applicable)* | **Notes** |
|  | ***Navigator:******Patient:*** |  |  |
|  | ***Navigator:******Patient:*** |  |  |
|  | ***Navigator:******Patient:*** |  |  |
| ***Date:******Visit Notes:*** |
| ***Any identified needs to work on later?*** |
| **Completed Goals Tracking** |
| **Completed Goals** | **Notes** |