



*Me acepto
como soy*

No tienes defectos porque tengas una enfermedad mental. Eres un ser humano y eres capaz de afrontarlo y ser resiliente.

SAMHSA
Substance Abuse and Mental Health
Services Administration

*Caminando en
Recuperación*



Northeast & Caribbean (HHS Region 2)

MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration



New England (HHS Region 1)

MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration



National Hispanic & Latino

MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration