

Suzie Tuchman
NJ Book Arts Symposium

Exposed Stitching over paper strips with recycled materials

Materials List

Recycled materials for covers cut to 4 ¼ " x 4 1/8 :

Amazon mailers – the kind with made from bubble wrap

USPS mailer – Tyvek material or cardboard

Cereal boxes or any recycling made of thin cardboard – the more colorful the better

Book contents

6 recycled business sized (approx. 9.5" x 4") envelopes with or without windows that are the same size when folded in half

12 pieces of heavyweight paper around 80 lb -folded to the same size as the envelopes (grain short)

OR

If you would rather use regular paper instead of recycled envelopes for the contents of the book, please cut and fold 24 pieces of heavyweight paper to the same size as the envelopes

Bookmaking supplies:

6 feet of waxed linen thread or other thick thread

Bookbinding needle

awl

Bone folder or popsicle stick

Pencil

Right angle if you have one

Ruler

Craft knife or razor blade

scissors

PVA glue and brush

Acrylic paint and brush

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Covers: 4 ½ x 5 ¼ grain short

We will make 2 books, each with a cover made of recycling. The choice of materials is based on what you have collected. Some options are to collage strips of cardboard onto another piece of cardboard, use the bubble packaging from amazon and draw or sew through the bubbles or come up with your own ideas. The covers need to be the same height

Strips: 4 strips ½" x 3 inches minimum – you can make them longer if you want – experiment with different materials

The strips can be made from flexible plastic, Tyvek (USPS mailers) or thin cardboard or paper.

Contents: 2 sets of content sheets

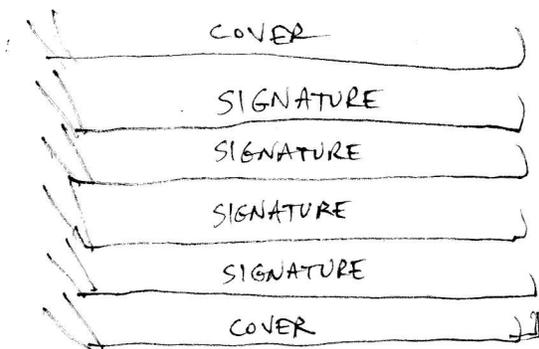
One can be folded envelopes that you decorate any way you desire – gesso, paint, watercolors

Another should be heavyweight paper around 80lbs – 12 sheets 9.5 x 4 grain short

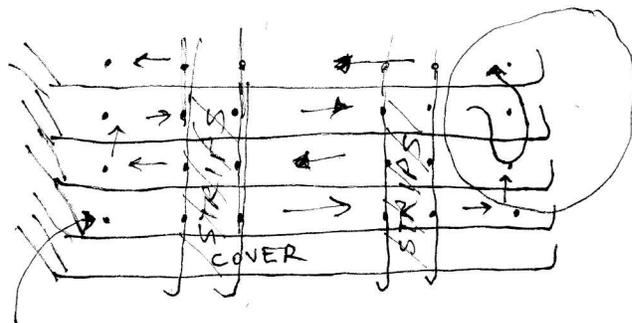
Assembling the sheets

Fold each sheet of paper and each envelope in half with bonefolder. If you don't have one, the side of a popsicle stick will do. For the envelopes, each folded envelope will be a signature. For the regular paper, put three folded sheets in each signature. The envelopes will be sewn in individually.

Choose your back cover and place it face down, your contents with the folded side facing in the same direction and the top cover on top. Align the entire book, place front and back covers and lie the book on its front cover, spine facing you.

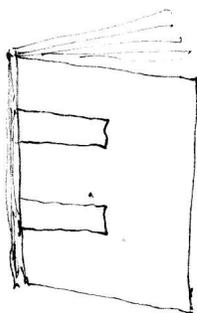


Continue to the head of the third signature but loop the end of the thread around the last stitch in the **second** signature before continuing to the fourth signature. Continue sewing and looping around the previous signature before you continue to the next one. When you get to the last one, tie it off. Place a small dot of glue on the knot.



Go back to the 4" tail of thread left from where you started make a knot and cut off the excess. Place a small dot of glue on the dot.

Glue the strips onto the front and back covers, taking care to make sure you glued them with the proper tension.



Enjoy your book!